

Daily in the STUBAI valley from 02/03/2024 until 10/03/2024

NEUSTIFT:

Sport & Leisure...

- **Ticket agency Stubaier Glacier** in Neustift (on the opposite side of the petrol station), open from MON-SAT from 7:30 until 12:00 and from 14:00 until 18:00, Sundays and Bank holidays from 7:30 until 12:00 & 16:00 until 18:00.
- **Skischule Neustift Stubai Glacier:**
www.schischule-neustift.at, Stubaitalstraße 91, info@schischule-neustift.at
ski and snowboard courses, snowshoeing, info and registration at tel.: +43 (0) 05226 8108
- **Ski- & Snowboardschool "Olympia" Neustift:**
www.skischule-neustift.com, Dorf 25, info@skischule-neustift.com
ski and snowboard courses, snowshoeing and Nordic-Walking-tours
Info and registration at tel.: +43 (0) 676 3305112, **ski-, snowboard-, shoe- and helmet-hire, sportshop**
- **Alpine Ski School Neustift:** www.alpin-schischule.com , info@alpin-schischule.com ,
private school, info & registration at tel.: +43 (0) 5226 30270
- **Neustift Ski Instructors – Neustift mountain-guides:** www.stubai-alpin.com , Dorf 5,
info@stubai-alpin.com , ski & snowboard courses, freeride, ski touring, ice climbing,
snowshoeing, info and registration at tel.: +43 (0) 5226 3461
- **The Freeride Center Stubai:** www.patrickribis.com, tel.: +43 (0) 650 5608797,
ribispatrick@gmail.com
- **Intersport Stubai Glacier**, Ski Rental Shop Gamsgarten, Shop Eisgrat, **ski-, ski boot-, snowboard-, touring-, telemark ski-, powder safety package-, ski helmet-, cross-country ski set-, ski clothing- and snowshoe-rental, Ski Depot, winter sports' clothing** Comfort Center Talstation Gamsgarten and Talstation Eisgrat, Mutterberg 2, Neustift, tel.: +43 (0) 5226 8141, www.stubaier-gletscher.com
- **Intersport Schönherr: Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, winter sports' clothing, sport fashion**, Stubaitalstr. 79, Neustift, tel.: +43 (0) 5226369043, www.schoenherr.cc, kundenservice@schoenherr.cc
- **Sport 2000 Hofer: Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, winter sports' clothing**, 6167 Neustift, Dorfplatz 13, tel.: +43 (0) 5226 2428
Fax: +43 (0) 5226 3463, hofer@sport2000.at
- **Outdoor-Zentrum Sport Stubai: Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, winter sports' clothing**, Guided bike tours, Canyoning, Rafting, Paragliding, Hang-gliding, **Riding** bookable at the Outdoor-Zentrum Sport Stubai via www.sport-stubai.at or tel.: +43 (0) 5226 30288
- **Sportfarm Milders- Ski rental.** Franz-Senn-Straße 87, tel.: +43 (0) 5226 30407
- **Carve In: Ski, ski boot, ski helmet, Touring ski, snow-blades, cross-country-ski, snowboard and luge hire**, 6167 Neustift, Gasteig 4, tel.: +43 (0) 664 1412 293, www.carve.in
- **Kindl's Skiverleih**, Stubaitalstr. 88, 6167 Neustift, tel.: +43 (0) 676 5097540, www.skiverleih-kindl.at, **Ski, ski boot, ski helmet and snowboard hire**
- **Sport Danler**, Dorf 18, 6167 Neustift im Stubaital, **ski-, snowboard-, shoe- and helmet-rental, sportfashion, wintersport clothing**, tel.: +43 (0) 5226 2203, www.sportdanler.at
- **Intersport Martin, Franz-Senn-Straße 88, 6167 Neustift im Stubaital**, tel.: [+43 \(0\) 6647964593](tel:+4306647964593), www.intersport-martin.at, **ski-, snowboard-, shoe- and helmet-hire, sportshop**
- **Alpinzentrum Neustift – mountain guides' office**, guided hikes, high alpine tours, via ferrate, climbing trainings, office at "Haus der Berge" registration & information via phone: +43 (0) 5226 3461

- **Earla – Rund um die Berg**, guided winter-walking, snowshoe-walking, tobogganing, company-events and children's entertainment, information and registration at +43 (0) 512 327277 or www.earla.at
- **Tandem flights:** Flight training school "Parafly" – Tandem flights, contact: tel.: +43 (0) 5226 3344 or +43 (0) 664 445 32 33, Monika Eller flugschule@parafly.at
Paragleitschule apc Stubai +43 (0)5226 3344 flugschule@apc-stubai.at
Fly together +43 (0) 664 1602309, flytogether@aon.at
Air 4 You +43 (0) 664 3420343, info@air4you.at
Fly Stubai/Twin flights +43 (0) 664 4442694, MON-SUN from 8:00 until 18:00, peerlorenz@gmx.at
Marc Niedermeier +43 (0) 6654 7548 marc@papillion.de
Flugschule Human Eagle Air Academy, [+43 \(0\) 664 4099663](tel:+43006644099663), office@humaneagle.com
- **Austrian Alpine Association (Alpenverein) – Section Stubai** registration at the Alpinzentrum in Neustift
- **Bowling in the Leisure Centre Neustift** daily from 16:00 until 01:00, tel.: +43 (0) 5226 272212
- **Billiards in the Dorfpub**, open TUE, WED, THU, SUN 17:00 until 01:00, FRI and SAT 16:00 until 01:00, MON closing day

Health & Beauty...

- **Institute of Wellness & Therapy, Wolfgang Kobinger**, Moos 16, tel.: +43 (0) 699 17030085
- **Mobile med. foot care** Andrea Müller, tel.: +43 (0) 5226 2148 or at tel.: +43 (0) 664 73709286
- **Health & Beauty Lounge:** cosmetics, pedicure, massage and much more
Appointments by arrangement; tel.: +43 (0) 681 20891549, www.healthandbeautylounge.at
- **Therapy Centre Stubai** – physiotherapy, osteopathy, ergotherapy, massage, taping and much more; Kampl/Quellenweg 11b, tel.: +43 (0) 664 2346492, office@therapiezentrum-stubai.at, www.therapiezentrum-stubai.at
- **Energetic treatments** – Harald Gleirscher energetic and natural healing, impulse for self-help for body, mind and soul; Quellenweg 21, tel.: +43 (0) 650 2236902, harald.gleirscher@aon.at
- **Dream Nails by Andrea Pfurtscheller**, Knappenweg 6, 6167 Neustift im Stubaital, tel.: +43 (0) 676 9370187

Food & Beverage...

- **Restaurant Hubertusstube**, Scheibe 44, haute cuisine, 4-Toques-Restaurant, open Wednesday till Saturday, reservation obligatory, tel.: +43 (0) 5226 2666,
- **Restaurant Hoferwirt:** Tyrolean specialities, 1-Toque-Restaurant, fresh home-bred trout, tel.: +43 (0) 5226 2201, daily open from 11:30 until 14:00 & 17:00 until 21:00, <https://www.hoferwirt.at/>
- **Tschangelair Alm**, TUE until SUN open from 11:00 until 17:00, MON closing day, fresh products from the own farm – milk, cheese, butter and eggs, tel.: +43 (0) 5226 2201, in case of bad weather closing days can appear, <https://www.hoferwirt.at/tschangelair-alm-stubaital/uebersicht/>
- **Bauerngasthaus Draxl's Stuben**, Franz-Senn-Straße 170, daily open from 16:00 until 21:00 Tuesday & Wednesday closing day, tel.: +43 (0) 5226 2417, <https://www.draxls-stuben.at/>
- **Pizzeria Salute**, Neder, daily open from 16:00 until 21:30, Monday closing day, kitchen open from 17:00 until 21:00, MON closing day, gluten free meals available, tel.: +43 (0) 5226 2318, www.salute-pizzeria.at
- **Gasthof Kirchenwirt**, Stubaitalstraße 92 above Billa Supermarket, daily open from 17:00 until 22:00, SUN closing day, tel.: +43 (0) 664 5936696, <https://www.kirchenwirtneustift.at/>,
- **Kampl Seestube** Stubaitalstraße 22, open from 10:00 until 20:00, MON closing day tel.: +43 (0) 676 3648854, <https://kampl-seestube.at/>

- **Restaurant Tyrol Café** - Dorf, Schulweg 37, MON-SUN, open from 15:00 until 22:00, Tuesday closed. Traditional cuisine, wok, steaks, pasta, homemade pizza, also to take away, table reservation at tel.: +43 (0) 5226 2253
- **Hotel Cafe Restaurant Brunnenhof/ Johnny`s Restaurant**, Stackler 49, MON until SAT open from 14:00 until 20:45, SUN and HOLIDAYS from 11:30 until 14:00 and 17:00 until 20:45, tel.: +43 (0) 5226 30262, <https://www.hotel-brunnenhof.at/>
- **Holz knecht Bräu**, Franz-Senn-Straße 92, TUE-SA from 16:00 – 22:00 Uhr, Monday closing days, tel.: +43 (0) 5226 3290, <http://www.stubaitalerholzknecbt.at>
- **Restaurant Mamma Mia** at the Hotel Viktoria WED until SUN open from 18:00 until 20:00, MON and TUE closing days, reservation at tel.: +43 (0) 676 846978300 or das.mamma.mia@gmail.com
- **Skialm Kröbzbach** Kröbzbach 30, MON until SAT open from 15:00 until 22:00, SUN open from 17:00 until 22:00, WED closing day, tel.: +43 (0) 660 2854116, <https://www.skialm-kroessbach.com/>
- **Alpengasthof Schallerhof** Schaller 24, open from 16:00 until 21:00, THU closing day, Traditional dishes, venison specialities from own breed and much more; Fondue on advance order; **Every Tuesday – “Dinner without cutlery”– rustic eating**; reservation tel.: +43 (0) 5226 2205 info@schallerhof.at / www.schallerhof.at
- **Jausenstation Hofer Unterkartnallhof** Kartnall 1, Menu of farmhouse meals on reservation, open daily from 10:00 until 17:00, WED closing day, tel.: +43 (0) 5226 3429
- **Jausenstation Oberkartnall** Kartnall 2, open from 25.12. daily from 10:00 until 16:00, Thursday closed, tel.: +43 (0) 5226 3488, <https://jausenstationoberkartnall.jimdofree.com/>
- **Pizzeria Platzl – Cafe Anny** Dorf 9, daily open from 09:00 until 00:00, great sun terrace, tel.: +43 (0) 5226 36133, <https://www.stubai-gastgeber.at/>
- **Restaurant Dorfwirt** Dorf 16, MON until WED 16:00 until 23:00, THUR until SUN open from 12:00 until 23:00, tel.: +43 664 4326664, www.neustift-dorfwirt.at
- **Pizzeria Bellafonte** Dorf 16, daily open from 17:00 until 22:30, TUE closing day, pizza baked in a wood-burning oven, tel.: +43 (0) 5226 30088, <https://bellafontepizzeria.metro.rest/?lang=de>
- **Herr Klaus – Das Restaurant**; Dorf 15, daily open from 17:00 until 23:00, fresh burgers, steaks and much more; also for take-away; MON closing day, tel.: +43 (0) 660 2171809; www.herrklaus.at, restaurant@herrklaus.at
- **Bottega No. 13** Dorf 13, open daily from 15:00 until 23:00, tel.: +43 (0) 676 7759152, www.bottega13.com
- **Dolce Lea** Dorf 28, daily open from 10:00 until 18:00, MON closing day tel.: +43 (0) 676 9434790, ice cream, waffles, crepes and coffee (closed due to renovation until the beginning of May)
- **Dorf. Cafe** Dorf 34, daily open from 8:00 until 17:00, tel.: +43 (0) 5226 30491, <https://www.dorf-cafe.at/>, dorfapart@gmail.com
- **Dorfpub** Dorf 15, TUE-THU open from 17:00 until 01:00, FR-SA from 17:00 until 02:00, <https://dorfpub.at/> office@dorfpub.at
- **Après Ski Farm Bar**, Franz-Senn-Str. 92, open from Tue-Sat from 20:00 until 02:00, live music every Friday, tel.: +43 (0) 664 4315263
- **Dorfalm – Bar**, Dorf 16, SUN-WED closing days, THU open from 19:00 until 02:00, FRI-SAT 19:00 until 03:00, tel.: +43 (0) 664 2120014, cornelia.joerg@gmx.at / <https://dorfalm-neustift.eatbu.com/?lang=de>,
- **Bierfassl** Dorf 22, TUE,WED open from 20:00 until 01:30,THUR-SUN open from 17:00 until 01:30 tel.: +43 (0) 664 1773450, bierfassl-neustift@gmx.at
- **Fermani – Pizzeria** Scheibe 40, open daily from 18:00 until 24:00 Uhr, FRI + SAT from 18:00 until 03:00, MON closing day, tel.: +43 (0) 5226 30500 <http://www.fermani.at/Pizza/index.html>
- **Rossini – Bar/Disco** Scheibe 40, daily open from 21:00 until 06:00, tel.: +43 (0) 5226 30500, <http://www.fermani.at/Bar/index.html>

- **Restaurant Camping Edelweiss** Volderau 29, daily open from 09:00 until 11:30 and 16:00 until 17:30 warm kitchen from 18:00, closed on WED, Tyrolean delicacies, forest seasonal venison dish and steaks, tel.: +43 (0) 5226 3484, <https://camping-edelweiss.at/> ,
- **Geieralm** Volderau 6, daily open from 12:00 until 21.00 Tuesday closing day, tel.: +43 (0) 650 6960329, <http://www.geieralm.at/>
- **Volderau Hof** Volderau 7, TUE to SAT open from 16:00 until 21:00, SUN open from 12:00 until 21:00, MON closing day, Tyrolean cuisine, tel.: +43 (0) 5226 2617
- **Gasthof Sportalm** Kröbzbach 30, traditional cooking and homemade cakes, nice sundaes, large playground right at the bus stop - everything to take away, tel.: +43 (0) 5226 2527, <https://www.gasthof-sportalm.at>, Tuesday closed, open MO- SA from 15:00- 22:00, warm kitchen from 17:00 until 20:00, SO open from 08:00 until 22:00, warm kitchen 12:00 until 14:00 and 17:00 until 20:00
- **Hotel Restaurant Waldcafe** Falbeson 1 daily open from 17:00 until 21:00 TUE closing day, tel.: + 43 (0) 5226 3144, <http://www.hotel-waldcafe.at>
- **Big Mike's Burger** Stubaitalstraße 12a, open TUE-SAT open from 11:30 until 13:30 and 17:00 until 21:00, MON and SUN closing days, www.bigmikesburger.com, tel.: +43 (0) 664 9247997,
- **La Tantuni** Dorf 36, daily open from 11:00 until 22:00, MON closing day, <https://latantuni.at/index/> , tel.: +43 (0) 664 5794036
- **Fast Food & Co** Dorf 14, 6167 Neustift im Stubaital, open TUE until SUN from 17:00 until 00:00, MON closing day, tel.: +43 (0) 676 6560612

Other...

- **Local museum "Forsterhaus Kampl"**, group tours on request, tel.: +43 (0) 650 9696161
- **FOTO RUTH – The photo studio in the Stubai Valley**, Feldgasse 2, Kampl, open from MON until THU from 09:00 until 12:00, tel.: +43 (0) 650 242 55 30, info@fotoruth.at, www.fotoruth.at
- **Carriage ride with horses** for 2 to 6 people, only with reservation, Fritz Ranalter, information at tel.: +43 (0) 664 4042431
- **Stubaier Zirbenwerkstattl** - Tyrolean handicrafts made of wood, Christian Neunhäuserer, Lehner 14, tel.: +43 (0) 664 5653237, office@stubaitaler.at , www.stubaitaler.at , only by telephone appointment
- **Kreativ Hofladen Pfurtschell**, direct sale of handicraft products (decorative items, etc.), daily open from 08:00 until 20:00, Pfurtschell 1, tel.: +43 (0) 699 11152208, info@pfurtschell.com
- **Weavery Stern**, Außerrain 114, open daily from MON-FRI 08:00 until 18:00, SAT open on demand, please register by phone, tel.: +43 (0) 5226 2274 info@tiroler-webkunst.at
- **Yard sale – Jedeler's Hofladen**, open daily 08:00 until 18:00, or after agreement, Family Ranalter, Stubaitalstraße 14, tel.: +43 (0) 664 1590880 , jedlerhof@aon.at
- **Bauernladele (delicatessen shop & spicery)** at the Griesshof; daily open from 08:00 until 18:00; Milders - Brückenweg 15, 6167 Neustift, tel.: +43 (0) 650 5646568; sonja@kraeuterweise.at / www.kraeuterweise.at
- **Dog sitter Stubaital**, dog service, walking, Robert Pirolt, Fichtenweg 20, 6167 Neustift, tel.: +43 (0) 676 5081504, office@hundesittertirol.at, www.hundesittertirol.at

Taxis

- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or +43 (0) 664 2877000
- **Car rental and Taxi Schöpf**, tel.: +43 (0) 664 3116484
- **Car rental with passenger transport Siggli**, tel.: +43 (0) 664 3453938

FULPMES:

Sport & Leisure...

- **Ice skating/ice hockey** in the ice arena, TUE-SUN from 14:00-18:00
- **Curling in the ice arena**, Tue-Sun on request, tel.: +43 (0) 660 4202560
www.eisarenafulpmes.at
- **Mountain & Ski Guide Sepp Rettenbacher**, Day & multi-day tours, alpine tours, Registration at tel.: Tel.: +43 (0) 664 3332222 or sepp.rettentbacher@stubai.co
- **“Unser Kino” – cinema** Fulpmes, afternoon and evening cinema shows in German, cinema programme upon notice, Michael-Pfurtscheller-Weg 8
- **Crib museum**, open Sun-Sat from 10:00 until 12:00 and 14:00 until 17:30, Sunday from 14:00 until 17:30 Guided tours for schools and groups by appointment, tel.: +43 (0) 677 64454352
- **Nostalgic rides with the old Stubai Tram**, only for groups with reservations under tel.: +43 (0) 5125307302
- **Intersport Pittl: Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, winter sports' clothing, sport fashion**, Talstation Schlick 2000 and Kirchstraße 1, 6166 Fulpmes, tel.: +43 (0) 522562428, www.intersport-pittl.at
- **Sportfarm – ski-, cross-country-ski-, touring-ski-, ski-boots-, snow-blades-, snow-shoes-, helmet-, snowboards-, snowboard-boots-, freeride-ski-rental** in the village centre, open Mon-Sat 08:00-12:00 and 15:00-18:00, tel.: +43 (0) 5225 64560, www.sportfarm-fulpmes.at
- **HP-Sport ski-rental and sportshop, ski-, cross-country-ski-, touring-ski-, ski-boots-, helmet snowboards-, snowboard-boots-, freeride-ski-rental** www.hp-sports.at Tschaffinis 22, daily open from 08:00-18:00, tel.: +43 (0) 664 4765650

Health & Beauty...

- **Body & Balance Wellness studio**, Bahnstr. 15, appointments at tel.: +43 (0) 699 17368752
- **Day Spa at the Alpine Resort Stubai Hof**, sauna, steam bath, steam brine bath, swimming pools and outdoor whirlpool, tel.: +43 (0) 5225 62266
- **Cosmetics Kristine**, Medrazer Str. 11, appointments at tel.: +43 (0) 5225 63155 or at tel.: +43 (0) 650 4710570 and e.partl.kosmetik@gmail.com (Elisabeth Partl)
- **Optik-Augen-Blick**, ophthalmic optics, Michael-Pfurtscheller Weg 3, tel.: +43 (0) 5225 62875

Food & Beverage...

- **Gasthof Jenewein**, WED-SAT warm kitchen from 18:00 until 20:45 and SUN from 11:30 until 14:00 and from 18:00 until 20:45, MON & TUE closing day; tel.: +43 (0) 5225 62291
- **Poststube A la carte-Restaurant** TUE-SAT open from 18:00 until 20:30, Lunch only by reservation, SUN+MON closing day, reservation at tel.: +43 (0) 5225 62266
- **Restaurant Dorfkrug**, Wednesday to Sunday open from 10:00, MON/TUE closed, warm cuisine from 11:30 until 14:00 and 18:00 until 21:00, tel.: +43 (0) 5225 62488,
- **Gasthof Gröbenhof**, warm kitchen from 11:30 until 14:00 and from 17:30 until 20:00, Thursday various Fondue specialities by arrangement, tel.: +43 (0) 5225 62442, TUE & WED closing day
- **Restaurant „Zur Huisler Stube”** open from 11:00 until 14:00 and from 17:00 until 22:00; WED - THU closing days, tel.: +43 (0) 664 7912711
- **Pizzeria Dorfalm** open WED-SUN 17:00 until 22:00, MON & TUE, closing day tel.: +43 (0) 5225 62837,

- **Pizzeria Casanova** daily open from 17:00 until 23:00, TUE closing day, tel.: +43 (0) 5225 64832
- **Kla4, daily** hot meals from 17:00-22:00, Tel.: +43 664 1145975, Wednesday closed
- **Pizzeria Pavillon "La Siciliana"** open from 11:30 until 14:00 and 17:00 until 21:00, MON closing day, Medrazerstr. 11 (opposite the underground car park pavilion), tel.: +43 (0) 650 8301886
- **Restaurant Bel Ami**, open WED-MON from 11:00 until 22:00, also take away, TUE closing day, tel.: +43 (0) 676 6737357
- **Tirolerhof - A la carte restaurant**, daily from 18:00-20:30, reservation Tel. +43 5225 62422
- **Helli's food & more (Dorfmetzgerei Krösbacher)** MON-FRI from 11:30 until 13:00 and from 17:00 until 22:00, SAT from 17:00 until 22:00, SUN closing day, tel.: +43 (0) 5225 62225
- **Tasty Döner**, order & delivery, open daily from 10:30 until 23:00, tel.: +43 (0) 6769110659
- **Lawasch-Kebap**, snack & take away, Mo-Fri 11:00-22:00, Sun from 16:00-22:00, Sat day off, tel.: +43 (0) 5225 62307
- **Breakfast café Morgenbrot**, Sonnegg 22, breakfast & waffles, open WED-SUN 08:00-12:00, Monday/Tuesday closing days, tel.: +43 (0) 699 17226077, info@morgenbrot.at,
- **Kraxlhütte** (at the high-ropes course) FRI/SAT/SUN open from 12:00-19:30 tel.: +43 (0) 660 1888448
- **Forellenhof** – Trout sale; fresh or smoked, Kohlstattweg 11, tel.: +43 (0) 5225 62434
- **Blumrich's Catering** - Finger Food & Co. tel.: +43 (0) 650 4212135 or www.fingerfood-co.com
- **Cafe/Bar Caramba**, daily open from 11:00 until 02:00, tel.: +43 (0) 676 7001727
- **Bar Tatort**, tel.: +43 (0) 5225 63666, daily open from 11:00
- **Leo's Stadl-Bar** daily Après-Ski-Party from 16:00, tel.: +43 (0) 5225 63301
- **s'Gadile** – typical Tyrolean specialties, in self-service-shop, Waldrasterstr. 11, open from MON-SAT 7:00 until 19:00
- **Schmangerl** – delicatessen, open MON-FRI 8:30 until 12:00 & 15:00 until 18:00, SAT 8:30 until 12:00, tel.: +43 (0) 676 4400230
- **Dolce Lea ice cream shop & snack bar**, Medrazerstr. 2, Mon-Sat from 12:00-18:30 / Sun from 13:30-18:30 open, tel.: +43 (0) 650 5534195

Other...

- **Car rental and Taxi Schöpf**, tel.: +43 (0) 664 3116484
- **Car rental with passenger transport Siggli**, tel.: +43 (0) 664 3453938
- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or tel.: +43 (0) 664 2877000
- **Cross-country skiing & hiking cab Schlick 2000**, Tel. +43 664 2233252

TELFES:

Sport & Leisure...

- **StuBay Leisure Centre – indoor swimming pool**; daily open from 10:00 until 21:00, tel.: +43 (0) 5225 62666
- **StuBay Leisure Centre Sauna** open daily from 10:00 until 22:00, tel.: +43 (0) 5225 62666,
- **AIR-PARC in the StuBay Leisure Centre** – great indoor Playground for trend sports, BigAir-Ramp, trampoline, Airtracks, Parkours, Relaxing-and-Kids-Area and much more... TUE until FRI open from 14:00 until 19:00/ SAT, SUN- & holidays from 12:00 until 19:00, SUN from 10:00 until 12:00 Family-Session for kids until 8 years + accompanying adult, tel.: +43 (0) 5225 6266645,
- **Body & Soul Fitness-Center** in StuBay Leisure Centre, MON until FRI from 06:00 until 21:45, weekend & public holidays from 08:00 until 21:00, tel.: +43 (0) 5225 62283,)
- **Alpaca trekking**, approx. 1 ½ hours Information and registration on +43 (0)676/7578804
- **Farmhouse experience with pony riding** at the Kassnhof, daily (except SUN) from 17:00 until 17:45, only by arrangement at tel.: +43 (0) 677 64279861

- **Sport 2000 Resch, ski-, snowboard-, boots- and helmet-rental**, 6165 Telfes, Lange Gasse 2 www.sport-resch.com, tel. +43 (0) 69912133803

Health & Beauty...

- **Healing & sports massages, therapies** with Elisabeth Auer - Li, Bahnstr. 1 (Physiotherapy Murauer), appointments by phone: +43 (0) 650 7274724 or via www.li-gesundleben.at

Food & Beverage...

- **Cafe Pub Vivai**, WED-FRI open from 16:00, SAT from 15:00, SUN 10:00 until 22:00, MON-TUE closing day; tel.: +43 (0) 650 9720523
- **Restaurant meiZeit at StuBay** leisure centre, open MON-FRI from 11:00 until 15:00, SAT/SUN closed, tel.: +43 (0) 5225 62666
- **Sparmarkt Kofler** open MON-FRI 07:00-12:00 and 15:00-18:00/SAT 07:00-12:00 and 16:00 until 18:00, +43 (0) 5225 62366
- **Mesner's Hofladen** (behind the church) bread, cheese, eggs, fruits and vegetables depending on the season! Opening hours: FRI from 16:00 until 18:00, SAT from 9:00 until 12:00, tel.: +43 (0) 5225 62627
- **Hackl's ab Hof Verkauf** - farm shop (Stadl) open 24 hours daily, Gagersweg 20, tel.: +43 (0) 681 20137054 or tel.: +43 (0) 650 2262229

MIEDERS:

Sport & Leisure...

- **Bowling in the Restaurant s`Kasermann** MON-SAT open from 17:00 until 00:00, SUN & public holidays from 11:00 until 14:00 and 17:00 until 22:00, registration for bowling at tel.: +43 (0) 5225 62668
- **Segway tours** - Touring experience on 2 wheels with Segway Tirol, information and registration at tel.: +43 (0) 664 3420702 or at info@segway-tirol.info
- **Skiverleih Mieders**, Magic Motion, Frau Bettina Kreutz, Dorfstraße 21, 6142 Mieders, www.skiverleihmieders.at tel.: +43 (0) 5225 63813, **ski-, snowboard-, boots- and helmet-rental**

Food & Beverage...

- **Hotel Bergkranz**, daily from 18:00 – 20:30, tel.: +43 (0) 5225 62520
- **Kostas Greek Restaurant** (Gletscherblick), daily open, warm meals from 10:00 to 22:00, tuesday closed, tel.: +43 (0) 5225 62860
- **EssBar** in the business park, daily open from 11:00 until 22:30, warm meals throughout, terrace, playground, tel.: +43 (0) 664 99400099
- **Restaurant/Café Guschto**, THU-SUN open from 09:00 until 18:00, FRI-SAT until 22:00, MON/TUE/WED closing day, tel.: +43 (0) 650 9823806
- **Café/Restaurant „Die Kantine“** MON-FRI open from 08:00 until 14:00, SAT/SUN, holidays closed tel.: +43 (0) 676 7780015
- **Restaurant/Kegelbahn s`Kasermann**, MON-SAT 17:00 until 00:00, SUN & holidays open from 11:00 until 14:00 and 17:00 until 22:00, tel.: +43 (0) 5225 62668
- **sauguats gmias** - regional, seasonal vegetables by Andreas Zorn, open daily from 08:00 until 20:00

Other...

- **Present market from the** Lebenshilfe DLV-Mieders at Gewerbepark 9, MON-THU open from 08:00 until 16:00, tel.: +43 (0) 50434 2300
- **Miederer Herzstücke - gifts**, self-service shop, open MO-FR 07:00-18:00, SA 09:00-18:00

SCHÖNBERG:

Food & Beverage...

- **Hotel Handl**, MON-FRI open from 17:30 until 20:30, SAT-SUN 11:30 until 14:00 and 17:30 until 20:30, tel.: +43 (0) 5225 62574
- **Hotel Stubai**, daily open, tel.: +43 (0) 5225 62559
- **Gleinserhof**, open Tuesday-Sunday, Monday closing day (except public holiday), tel.: +43 (0) 5225 62100
- **Restaurant Europabrücke**, daily open from 06:30 to 21:00, tel.: +43 (0) 5225 62248
- **Grocer's shop and Gietl's Café**, MON-FRI open from 06:30 until 18:30, SAT from 06:30 until 12:00, tel.: +43 (0) 5225 62581
- **Bakery Ruetz**, daily open from 06:00 until 18:00
- **Stubai Hendl & Grill**, chicken snack bar, Dorf Str. 24, open from MON-SAT from 10:30 until 18:30, tel.: +43 (0) 676 4462174
- **Cake manufacture "Tortennascherei"**, cakes for special occasions on request, tel.: +43 (0) 676 9366744
- **McDonald's Schönberg**, MON – THU open from 06:30 until 01:00, FRI and SAT from 06:00 until 02:00, SUN & holidays from 06:00 until 01:00, tel.: +43 (0) 5225 62575
- **Rest stop Lanz, Europabrücke**, Tyrolean and South Tyrolean speciality shop, open daily from 07:00 - 17:00, tel.: +43 (0) 664 99642521

Health & Beauty...

- **Vital & Beauty Coach Anni Penz**, Dorfstraße 27, THU from 10:00 until 12:00 and from 16:00 until 19:00 and after arrangement by phone. tel.: +43 (0) 676 5369052