

THE STUBAI MOUNTAIN LIFTS IN SUMMER 2023

THE STUBAI GLACIER AT A GLANCE

- TOP OF TYROL summit platform 3,210 m
- Fascinating 360° panorama over 109 three-thousand-metre peaks
- Chapel at the foot of the Schaufelspitze
- Huge: the mammoth high-altitude playground and photo point
- Daily information hour about the glacierworld
- Starting point for hikes and high-mountain tours
- Culinary delights in the Eisgrat restaurant
- Just 45 minutes by car from Innsbruck



SCHLICK2000 AT A GLANCE

- 65 km of hiking and walking trails – routes from 'easy' to 'difficult'
- 'StubaiBlick' viewing platform – with phenomenal views into the distance
- Viscope telescope – precisely superimposed information about the mountain
- Panorama path – with benches crafted by artists
- Educational nature path – family-friendly and informative
- Panoramasee – for relaxing and enjoying Kneipp
- Abendweide – hone your senses
- Scheibweg – action-packed fun for all ages
- Tree-house path – explore, play and rest
- Alpine adventure park – climbing for the fastidious
- Via ferrata – Große Ochsenwand – for experts only!
- 2 scenic nature sites – Gletscherblick and Gschmitz
- 15 minutes away from Innsbruck



ELFER LIFTS AT A GLANCE

- Accessible sundial, playground and catering located right next to the mountain station
- Starting point for hikes into the wild and romantic Pinnis Valley
- Lots of Alpine inns and lodge tours
- Paragliding eldorado with tandem flights and flight schools
- Top region for climbing junkies with interesting via ferrata and routes
- Eins Einer and Zwei Zweier mountain bike single trails



SERLES LIFTS AT A GLANCE

- Water playground area for children with: taps and water system, white water run to play in, hydrotherapy pool and much more
- Oases of calm with a panoramic view around the reservoir lakes
- Serlespark circular trail with Serles train - motorised slow train
- A rapid decline on the 2.8 km long summer toboggan run
- Mountain biking at various levels of difficulty
- Hiking on numerous trails, including 3 chapel trails
- The spring trail with its tranquillity and mindfulness
- The Serles (2,717 m) on the Blaser (2,241 m) with its sea of flowers
- Maria Waldrast, Europe's highest monastery



2023 | GB

HUT GUIDE

motion and indulgence



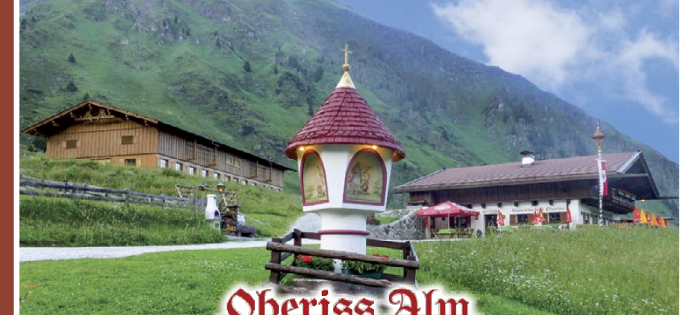
stubai

tirol

27

Oberiss Alm

IM STUBAIER OBERBERGTAL



- Open daily
- Warm cuisine all day

- Regional delicacies
- Fresh alpine farm produce
- Alpine hut store selling farmer's fare

Tel. +43 (0)5226-2626 or +43 (0)676-6262 333
www.oberissalm.tirol · info@oberissalm.tirol

The dairy farmers look forward to your visit!

Alp-taxi departure times
Neustift info centre +43/(0)5226-3333

9:55	15:55	↑ Oberiss-Alm	10:00	16:00
9:50	15:50	Stöcklen-Alm	10:05	16:05
9:40	15:40	Josef car park	10:15	16:15
9:35	15:35	Hotel Almhof	10:20	16:20
9:30	15:30	Infobüro Neustift ↓	10:25	16:25

Price per person: € 14 (return), € 8 (one way)

Children up to 4 years go free, 50% concession for 4-12 year-olds.

- Nr Stubaier Valley
- 01 Gleinserhof
- 02 Ochsenhütte
- 03 Maria Waldrast
- 04 Koppenack
- 05 Alpengh. Sonnenstein
- 06 Kraxlhütte
- 07 Stockerhof
- 08 Kreither Alm
- 09 Pfarrachalm
- 10 Gröbenhof
- 11 Berggh. Vergör
- 12 Froneben Alm
- 13 Bruggeralm
- 14 Galtalm
- 15 Schlickeralm
- 16 Sennjochhütte
- 17 Kreuzjoch
- 18 Alpengasthof Wildeben
- 19 Kaserstattalm
- 20 Starkenburger Hütte
- 21 Jausenstation Hofer
- 22 Oberer Kartnallhof
- 23 Falbesoner Nockalm
- 24 Auffangalm
- 25 Brandstattalm
- 26 Milderaunalm
- 27 Almwirtschaft Oberiss
- 28 Franz-Senn-Hütte
- 29 Neue Regensburger Hütte
- 30 Falbesoner Ochsenalm
- 31 Dresdner Hütte
- 32 Jochdohle-Top of Tyrol
- 33 Hildesheimer Hütte
- 34 Grawa Alm
- 35 Sulzenau Alm
- 36 Sulzenauhütte
- 37 Nürnberger Hütte
- 38 Bsuchalm
- 39 Tschangelairalm
- 40 Oberhausalm
- 41 Doadler Alm
- 42 Bacherwandalm
- 43 Mischbachalm
- 44 Karalm
- 45 Pinnisalm
- 46 Klamperbergalm
- 47 Autenalm
- 48 Panoramarest. Elfer Agrar
- 49 Elferhütte
- 50 Isenangeralm
- 51 Alm zum Weber Lois
- 52 Seestüberl
- 53 Bänkenalm
- 54 Geieralm
- 55 Volderauhof
- 56 Marend Stüberl
- 57 Seducker Hochalm

pages 3-4

Nr. Wipptal Valley

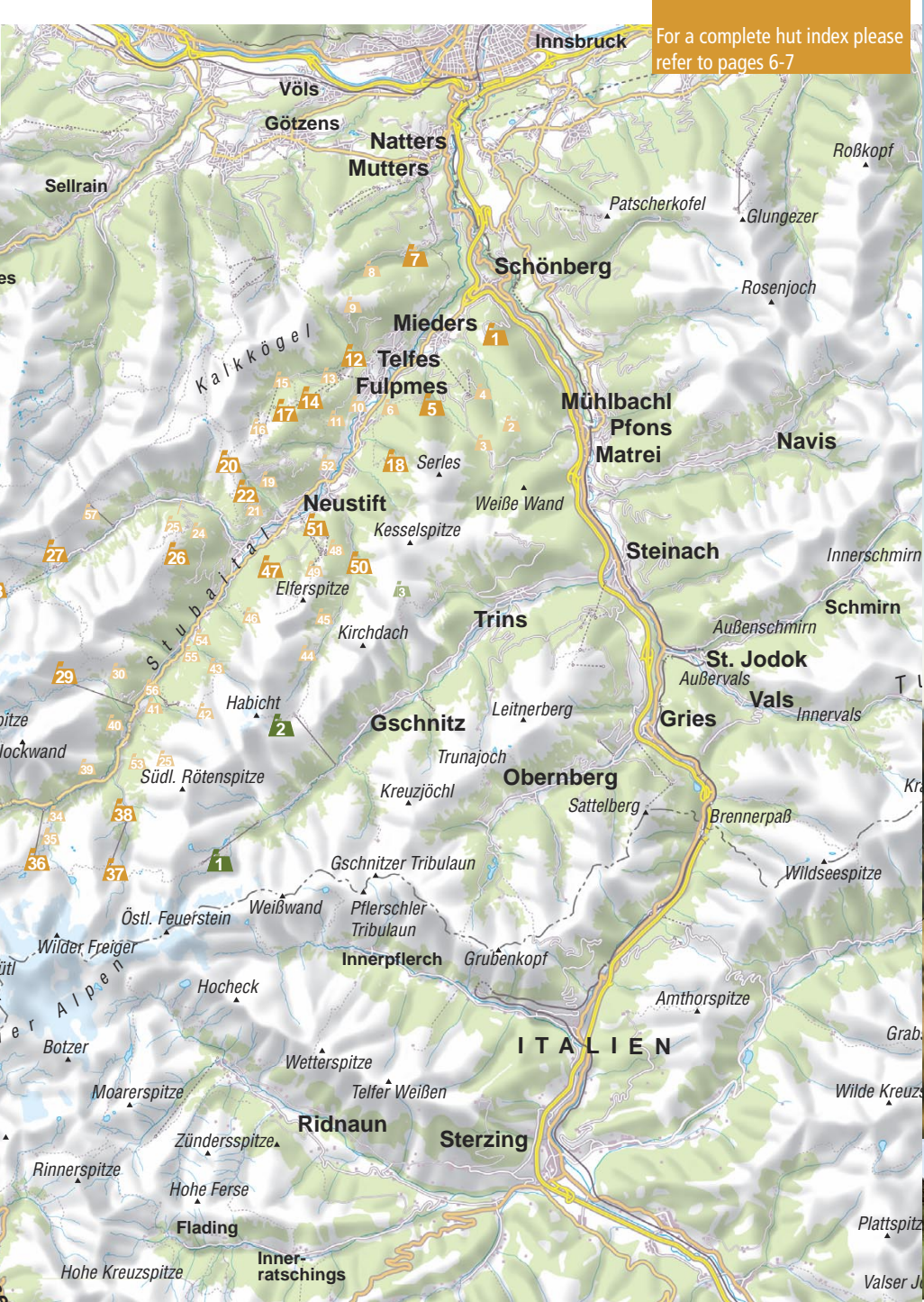
1 Bremer Hütte

2 Innsbrucker Hütte

3 Padasterjochhaus

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AUTUMN HIGHLIGHTS

4 september – 8 october 2023

www.stubai.at

Dear friends and guests of the Stubai Valley

We are pleased to be able to present to you our new hut and destination guide for the Stubaital. With this brochure we want to bring the diversity and uniqueness of the Stubai Alps closer to you. We would like to bring your attention to the sights of nature and lead you on a theme trail through the Stubaital and its mountain and glacier world, which in some cases is new, and in others has existed for many years. We will present you alpine and high-alpine huts as well as pastures, snack stations and mountain guesthouses. You will find suggestions for family hikes, cosy afternoon walks and also for high-alpine tours, which require mountain experience and should only be undertaken by those who are inexperienced when accompanied by a mountain guide. There is a particularly long tradition of mountain hiking and climbing in the Stubaital. Join us as we enter these fascinating mountains!

Tourismusverband Stubai Tirol
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A-6167 Neustift i.St.
Tel. +43(0)50.1881.0, Fax-199
info@stubai.at • www.stubai.at

CONTENTS

STUBAI VALLEY

06-07	Hut and Alpine Shelter list
08-09	Panorama Map
10	Stubai Hightrail/Stages
11	Stubai Super Card
12-13	Huts Stubai Hightrail
14-15	Stubai Wild Water Trail Map
16	Stubai Wild Water Trail Stages
17	Enjoying Austria's mountain pastures together
20-24	Huts and alpine pastures
21	Neue Regensburg Hütte
25	Kartnall scenic nature site
26	Neustift Panorama Trail at Elfer mountain
28	Free Stubai brochures
29	Huts - Stubai Valley
30-31	Schlick 2000
32	Gschmitz scenic nature site
32-35	Huts - Stubai Valley
36	Telfer Wiesen scenic nature site

Service Providers in the Region

2	Oberiss Taxi Neustift
18-19	Information about the Stubai Cableway
23	Raiffeisenbank Neustift
23	Intersport Pittl
27	digital stamps-pass
37	AUTUMN HIGHLIGHTS
5	Imprint

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Opening times are subject to weather conditions. A list with the open mountain huts and alpine pastures can be downloaded at www.stubai.at or obtained from one of the tourist information offices respectively. If you wish to stay overnight, please call the respective hut beforehand. (Map see pages 3-4 and 8-9)

Nr.	Name	Altitude	Walking Time	Starting Point	Contact +43 (0)	Tenant/Owner	Beds/Mattresses	Page
01	Gleinserhof	1.420m	1 h	Schönberg	05225 62100	Christoph Hammer	4 double rooms en suite	35
02	Ochsenhütte	1.528m	2 h	Mieders	0664 3717153	Anja Grosch	3 double rooms	
03	Maria Waldrast	1.641m	1,5 h	Bergst. Koppeneck	05273 6219	MWR BetriebsgmbH	24 double rooms, 1 single room en suite	
04	Agh. Koppeneck	1.605m	2 h	Mieders	0676 4762571	Werner Schöpf	-	
05	Agh. Sonnenstein	1.400m	1,5 h	Fulpmes	0664 1212645	Family Gleinser	-	34
06	Kraxlhütte	900m	20 Min	Fulpmes	0660 188844	Irina Inanova	-	
07	Stockerhof	1.196m	1,5 h	Telfes	0664 5328806	Stefan Hübsch	-	34
08	Kreither Alm	1.492m	1,5 h	Telfes	0677 61669613	Christian a. Kathrin Nagl	-	
09	Pfarrachalm	1.740m	1,5 h	Telfes	0664 3555811	Hannes Kienzner	-	
10	Gröbenhof	986m	20 Min	Fulpmes	05225 62442	Family Schüller	7 double rooms/ 1 apartment 2-4 persons	
11	Berggh. Vergör	1.296m	1 h	Fulpmes	0660 4032224	Christian Ilmer	-	
12	Froneben Alm	1.306m	1 h	Fulpmes	05225 62211 0650 6368720	Family Bacher/ Rasinger	-	32
13	Bruggeralm	1.351m	1 h	Fulpmes	0664 3334806	Gerold Bacher	-	
14	Galtalm	1.680m	1,5 h	Fulpmes	05225 62266	Johann Deutschmann	30 beds	33
15	Schllickeralm	1.643m	2 h	Fulpmes	05225 62409	Sabrina Kaindl	52 beds	
16	Sennjochhütte	2.240m	3 h	Fulpmes	05225 62270	Schlick2000	-	
17	Panorama Rest. Kreuzjoch	2.136m	3 h	Fulpmes	05225 62321-500	Schlick2000	-	33
18	Alpengasthof Wildeben	1.781m	2,5 h	Fulpmes Medraz	0664 3640164	Family Wurzer	-	35
19	Kaserstattalm	1.890m	2,5 h	Neustift Neder	06641343244	Family Leo and Bar- bara Pfurtscheller	-	
20	Starkenburger Hütte	2.237m	3 h	Neustift Dorf	0664 5035420	Karin a. Martin Tanzer	30 beds, 35 mattresses	12
21	Jst. Hofer	1.275m	45 Min	Neustift Dorf	05226 3429	Family Hofer	4 double rooms	
22	Oberer Kartnallhof	1.275m	45 Min	Neustift Dorf	05226 3488	Trudi Pfurtscheller	-	24
23	Falbesoner Nockalm	1.663 m	1,25 h	Falbeson/Ranalt	05226 3186	Family Gleinser	-	
24	Auffangalm	1.620m	1 h	Neustift Oberbergtal	0670 2011340	Heinz Ofner	-	
25	Brandstattalm	1.810m	1,5 h	Neustift Oberbergtal	0650 811 2304	Tanja Falbesoner	-	
26	Milderaunalm	1.675m	1,5 h	Neustift Krössbach	0699 10036813	Christian Volderauer	-	22
27	Almwirtschaft Oberiss	1.750m	2 h	Neustift Milders	05226 2626 0676 6262333	Fam. Danler	-	2
28	Franz-Senn-Hütte	2.147m	1,5 h	Neustift Oberissalm	05226 2218	Thomas Fankhauser	90 beds, 80 mattresses	12

29	Neue Regensburger Hütte	2.286m	3 h	Neustift Falbeson	0664 202 50 70 0650 802 65 43	Christian Tomaselli	64 beds, 37 mattresses	13
30	Falbesoner Ochsenalm	1.822m	2 h	Neustift Falbeson	0664 9134448	Maria Schmid	-	
31	Dresdner Hütte	2.308m	2 h	Mutterbergalm	05226 8112	Family Hofer	90 beds, 66 mattresses	13
32	Jochdohle	3.200m	1,5 h	Bergst. Eisgrat	05226 8141 324	Stubai Gletscherbahn	-	
33	Hildesheimer Hütte	2.900m	1 h	Bergstation Schaufeljoch	05254 2300	Anna Kuisle	30 beds, 40 mattresses	20
34	Grawa Alm	1.530m		Neustift Grawa	0676 412 1009	Johanna Krösbacher	-	
35	Sulzenau Alm	1.847m	1 h	Neustift Grawa	0677 62305834	David Schöpf	18 Beds	
36	Sulzenauhütte	2.196m	2 h	Neustift Grawa	05226 24320 066473866803	Family Gleirscher	50 beds, 70 mattresses	12
37	Nürnberger Hütte	2.297m	2,5 h	Neustift Ranalt	0664 4032188 0664 1657461	Fam. Siller Leonhard	45 beds, 75 mattresses	12
38	Bsuchalm	1.600m	1 h	Neustift Ranalt	0664 1349933	Fam. Volderauer	-	20
39	Tschangelairalm	1.410m		Neustift Ranalt	05226 3767	Werner Zittera	-	
40	Oberhausalm	1.350m	20 Min	Neustift Falbeson	0664 2073256	Hans-Jörg Schönherr	Apt. 2-4 pers.	
41	Doadler Alm	1.250m		Neustift Falbeson	05226 2033	Rudolf Siegmeth	-	
42	Bacherwandalm	1.620m	1,5 h	Neustift Volderau	0676 6854837 05226 2841	Hans Pfurtscheller	-	
43	Mischbachalm	1.848m	2,5 h	Neustift Gasteig	0664 5162639	Alois Siller	-	
44	Karalm	1.737m	2 h	Neustift Neder	06643599012 oder 0664 5970026	Fam. Marx	-	
45	Pinnisalm	1.557m	1,5 h	Neustift Neder	0676 6082864	Christian Siller	-	
46	Klamperbergalm	1.795m	2,5 h	Bergst. Elferbahn	0699 12621675	Georg Müller	-	
47	Autenalm	1.665m	2,5 h	Neustift Dorf	0664 2602681	Klaus Stern	-	29
48	Panorama Restaurant Elfer	1.812m	2 h	Neustift Dorf	05226 3444 0676 7059039	Family Schöpf	-	
49	Elferhütte	2.080m	3 h	Neustift Dorf	05226 2818	Fritz Haas	45 beds	
50	Issenangeralm	1.380m	1 h	Neustift Neder	0676 4503064 0664 9657023	Klaus Ribis	-	29
51	Alm zum Weber Lois	1.100m	30 Min	Neustift Dorf	0650 6167 004	Alexandra Neunhäuserer	-	27
52	Seestüberl	1.000m		Neustift Kampl	0676 3479760	Babsi and Bernd Furian	-	
53	Bänkenalm	1.860m	1,5 h	Neustift Ranalt	0676 849275631	Hubert Pfurtscheller	-	
54	Geieralm	1.129m		Neustift Volderau	0676 5827455	Florian Fischer	-	
55	Volderauhof	1.129m		Neustift Volderau	05226 2617	Gernot Volderauer	-	
56	Marend Stüberl	1.210m		Neustift Falbeson	0676 5207243	Harry Nabben	-	
57	Seducker Hochalm	2.256m	2,5 h	Neustift Oberbergtal	0650 9686229	Markus Illmer	-	
1	Bremer Hütte	2.413m	4 h	Talende, Gschnitz	0664 3047360	Fam. Höllrigl	19 beds, 50 mattresses	13
2	Innsbrucker Hütte	2.369m	4 h	Neustift Neder	05276 295 05226 2450	Franz & Marlene Egger	26 beds, 80 mattresses	13
3	Padasterjochhaus	2.232m	4 h	Issenangeralm	0699 11175352	Agi a. Paul Pranger	20 beds, 40 mattresses	



STUBAI HIGHTRAIL

The Stubai Hightrail is a multi-day hike along the spectacular mountain rim in Stubai valley. Without setting foot on the glacier, the multi-day tour guides you across climate zones and along blooming meadows to the always well-stocked mountain huts, where you can fortify yourself with culinary delights of the region. The circular walk starts and ends in Neustift. From seven of the eight overnight bases, you can return to Neustift, which also allows the route to be traversed in multiple sections. Impressive glacier walks, 3000-metre high mountains which can be discovered on foot, and a classic glacier tour, all invite you to experience an unforgettable mountain adventure closely to the Stubai Hightrail. The Stubai Hightrail leads invariably through alpine and high alpine terrain and is partially secured with wire ropes and steel braces.

Stage 1:

Starkenburger Hütte - Franz-Senn-Hütte | ↑ 440m cumulative elevation gain, ↓ 530m cumulative elevation loss | Duration 7 hours, length 15km

Stage 2:

Franz-Senn-Hütte - Neue Regensburger Hütte | ↑ 650m cumulative elevation gain, ↓ 500m cumulative elevation loss | Duration 4 hours, length 8km

Stage 3:

Neue Regensburger Hütte - Dresdner Hütte | ↑ 900m cumulative elevation gain, ↓ 850m cumulative elevation loss | Duration 7 hours, length 12km

Stage 4:

Dresdner Hütte - Sulzenau Hütte | ↑ 400m cumulative elevation gain, ↓ 500m cumulative elevation loss | Duration 3 hours, length 4km

Stage 5:

Sulzenau Hütte - Nürnberger Hütte | ↑ 650 m cumulative elevation gain, ↓ 550m cumulative elevation loss | Duration 4 hours, length 5km

Stage 6:

Nürnberger Hütte - Bremer Hütte | ↑ 600m cumulative elevation gain, ↓ 450m cumulative elevation loss | Duration 4 hours, length 5km

Stage 7:

Bremer Hütte - Innsbrucker Hütte | ↑ 800 m cumulative elevation gain, ↓ 850m cumulative elevation loss | Duration 7 hours, length 9.5km

www.stubaier-hoehenweg.at

STUBAI SUPER CARD

The Summer all-inclusive Card

YOU WILL RECEIVE THE STUBAI SUPER CARD **FROM YOUR HOST AT CHECK-IN** AND IS **VALID DURING YOUR ENTIRE STAY, INCL. DAY OF ARRIVAL AND DEPARTURE DAY.**

Valid from 18.05.2023 – 28.10.2023.

You can find an overview of the participating accommodation at: www.stubai.at



WITH THE STUBAI SUPER CARD A WIDE RANGE OF SERVICES ARE INCLUDED IN YOUR HOLIDAY IN THE STUBAI VALLEY:

- free use of the Stubaier Glacier Cable cars: 1 ascent/descent per day (no access with ski equipment)
- free use of the Serles Cable Cars: 1 ascent/descent per day
- 1 ride with the Mieders summer toboggan run per week
- free use of the Schlick 2000 cable cars: 1 ascent/descent per day
- free use of the Elferbahnen cable cars: in Neustift: 1 ascent/descent per day
- free use of the buses between Mutterberg and Innsbruck
- free use of the StubaitalBahn Fulpmes – Innsbruck – Fulpmes
- 2 admissions per week for 3 hours in the waterpark StuBay
- free use of the Mieders swimming pool

In addition, you receive a 30% discount at 10 bonus partners.

STUBAI CARD – THE PRE-PAID CARD

For guests who do not spend their holiday at a partner accommodation of the Stubai Super Card, the Stubai Card is a good alternative. It offers the same services as the Stubai Super Card and can be used on 5 freely selectable days in a period of 7 consecutive days (5 in 7).

Validity: 18.05.2023 – 01.11.2023

(Last day of Purchase: 28.10.2023)

Price: Adults: € 85.00 | Children (up to 14 years old): € 42.50



Panorama page

3-4, 8-9, 30



Photo: Martin Tanzer

STARKENBURGER HÜTTE

2,237m

Martin and Karin Tanzer
T +43 (0) 664 5035420

office@starkenburgerhuette.at

<https://alpenverein-darmstadt.de/huetten/starkenburger-huette/>

↗ from the Kreuzjoch Schlick 2000 top terminal in 1.5 to 2 hrs; from Fulpmes or Neustift (3.5hrs) or from Froneben past Kaserstattalm Hut (2.5hrs); Enchanting panorama of the Stubai mountain landscape!

Central Viewing Point for the 7 Summits

Hut: mid June to early October, 28 beds and 35 mattresses.

Specialty: spinach dumplings with mixed salad

Panorama page

3-4, 8-9, 14-15



Photo: Holy

SULZENAUHÜTTE

2,196 m

Family Susanne and Sigmar Gleirscher

T +43 (0) 5226 24320 (hut)

T +43 (0) 664 7386803 (valley)

info@sulzenauhuette.at

www.sulzenauhuette.at

↗ From the Wilde Wasser Weg car park via the "Raffein" bridge or the bridge directly at the Grawa Alm, spectacular via the Wilde Wasser Weg and via the Sulzenaualm in 2.5h to the hut.

Hut: Mid-June to early October, hearty Tyrolean cuisine; 70 mattresses, 50 beds.

Specialty: Assorted dumplings with salad, Wiener schnitzel of pork, Kaiserschmarren (pancake)

Panorama page

3-4, 8-9, 14-15



Photo: Archiv Franz Senn Hütte

FRANZ-SENN-HÜTTE

2,147 m

Family Fankhauser

T +43 (0) 5226 2218

office@franzsennhuette.at

www.franzsennhuette.at

↗ from Oberisshütte by foot along the easy hiking trail to Appler; continue past Alpeiner Alm to get to Franz-Senn-Hut; walking time: approx. 1.5 hrs.

Hut: mid-June to early Oct; late Feb. to early May; good plain Tyrolean cooking, special culinary delights; 90 beds, 80 mattresses.

Specialty: "Wiener Schnitzel" from pork with roast potatoes

Panorama page

3-4, 8-9, 14-15



Photo: Archiv Nürnberger H. Oler M.

NÜRNBERGER HÜTTE

2,297 m

Family Siller Leonhard

T +43 (0) 664 4032188 (hut warden)

T +43 (0) 664 1657461 (during summer)

info@nuernbergerhuette.at

www.slandhaus.at/nuernberger-huette/

↗ from the fee-based car park of the Nürnberger Hütte (after Ranalt) to Bsuschalm, onwards via the beautiful hike to the Nürnberger Hütte (approx. 2.5 hours on foot).

Hut: open from 18 June to 3 October (weather-dependent); 75 mattresses and 45 beds. Hiking without glacier to South Tyrol via the Rotgratscharte.

Specialty: Meat and products from our own organic farm, cake snacking, tris; recommended by Gault&Millau 2022!

Panorama page

3-4, 8-9, 14-15



Photo: Regensb. Hütte

NEUE REGENSBURGER HÜTTE

2,286 m

Family Tomaselli

T +43 (0) 664 2025070 (Hütte)

T +43 (0) 0650 8026543

info@regensburgerhuette.at

www.regensburgerhuette.at

↗ from Falbeson (Waldcafe car park) through the forest past Falbesoner Ochsenalm (homemade cheese!) in approx. three hours

Hut: Mid-June to mid-Oct. (weather-dependent), 64 beds and 37 mattresses. New hiking-path to the Ruderhofspitze via Grawawandferner! New: alpine training centre (Trail-running, ski mountaineering).

Specialty: Vegetarian and Nepalese cuisine

Panorama page

3-4, 8-9, 14-15



Photo: Seiger

BREMER HÜTTE

2,413 m

Family Stefanie and Christian Höllrigl

T +43 (0) 664 304 7360 (hut warden)

T +43 720 270660 (hut during the summer season)

buchungen@bremerhuette.at

www.bremerhuette.at

↗ valley road towards the end of the valley at Gasthof Feuerstein; continue then across the steep slopes up to Simmingalpe. Southwards at Prangerstadl, across the brook and up Mitteregg; easy ascent across the wide ridge to the hut. Walking time from Gschnitz: 3 to 4 hours to the hut.

Hut: mid-June to end September, warm

dishes all day, 19 beds and 60 mattresses;

Specialty: dumpling tris, Roesti Tyrolean Style

Panorama page

3-4, 8-9, 14-15



Photo: Archiv Dresdner Hütte

DRESDNER HÜTTE

2,308 m

Family Hofer

T +43 (0) 5226 8112 (hut), F + 20

info@dresdnerhuette.at

www.dresdnerhuette.at

↗ from Mutterbergalm along the signposted trail (approx. 1.5hrs).

Hut: end of June to end of September, end of October to early May, warm meals, 110 beds and 30 mattresses.

Specialty: roast pork with dumplings and cabbage

Panorama page

3-4, 8-9, 14-15



Photo: Chris Hasibeder

INNSBRUCKER HÜTTE

2,369 m

Family Franz and Marlene Egger

T +43 (0) 5276 295

office@innsbrucker-huette.at

www.innsbrucker-huette.at

↗ park at the back of Feuerstein Inn/Gschnitz. Trail directly from the goods ropeway. Time: approx. 3hrs (2. alternative: 100m to the right of the Gschnitz church with parking space); from Neustift/Neder by foot (approx. 4hrs). To the Karalm by Alptaxi. New easy hiking route (family-friendly) takes 1.5-2 hours to the Innsbrucker Hütte.

Hut: 20 June to early October, 80 mattresses, 26 beds.

Specialty: "Kaiserschmarren" (shredded pancakes with sugar) with apple sauce or cranberries



THE WILD WATER TRAIL

Experience the water's power to shape.

The Stubai glacial streams have continued to show their power for thousands of years - the original beauty of the widely-branched river system has remained intact. We have made this rare and unique natural treasure easily accessible to visitors to the Stubai valley.

GO HIKING ON THE WILD WATER TRAIL IN 3 STAGES:

Stage 1

Ruetz cataract - Grawa waterfall
Walking time: 1½ hours
Metres altitude: 120 m
Distance: 3.5 km



Photo: © Map David Walther

Stage 2

Grawa waterfall - Sulzenau Alm -
Sulzenauhütte
Walking time: 2½ hours
Metres altitude: 660 m
Distance: 4 km



Photo: André Schönherr

Stage 3

Sulzenauhütte - Sulzenau glacier
Walking time: 1½ hours
Metres altitude: 120 m
Distance: 3.5 km



Photos: © Sulzenauhütte



Photos: © Sulzenauhütte

Enjoying Austria's mountain pastures together

TEN RULES ON HOW TO BEHAVE AROUND GRAZING ANIMALS

1. Avoid contact with grazing animals, do not feed them and keep a safe distance.
2. Stay calm and quiet – do not startle grazing cattle.
3. Mother cows instinctively protect their young. Therefore, always keep dogs away from mother cows.
4. Always keep dogs under control and on a short leash. If you think you are going to be attacked by a grazing animal, let go of the leash immediately.
5. When crossing alpine pastures, always stay on the path.
6. If you find your route is blocked by grazing animals, walk around them leaving as much space as possible.
7. If grazing animals approach you, stay calm, do not turn your back on them and move out of the way of the animals.
8. Leave the pasture quickly as soon as you see early signs that the grazing animals are becoming nervous or restless.
9. Do not climb over fences. If there is a gate, use it. Make sure you then close it properly behind you and cross the pasture quickly.
10. Treat workers, nature and animals with respect.

More Information:



www.bergwelt-miteinander.at/en/summer/grazing-animals



THE STUBAI MOUNTAIN LIFTS IN SUMMER 2023

CHILDREN
UNDER 10
RIDE FREE*
(when accompanied
by a parent)

STUBAI GLACIER - FASCINATING GLACIERS

The glacier really is impressively versatile and promises nature-packed adventures. Only 45 minutes by car from Innsbruck, the Stubai Glacier offers a wide range of summer activities for families, hikers and excursionists.

Impressively embedded in the panorama of the Stubai Glacier is the summit platform TOP OF TYROL with a unique 360° panorama. A view that stretches across the Stubai Alps to the Dolomites.

Directly at the ridge divide in the area of the Schaufeljoch, the Schaufeljoch Chapel, which is anchored in stone and ice, invites you to pause amidst the natural scenery. Gigantic in size and an experience in itself: the six-metre-high mammoth, which is especially fun for the little visitors. An absolute highlight for the whole family.



SCHLICK 2000 HIKING CENTRE

Families, connoisseurs and nature lovers will all feel at home in the Schlick 2000.

Hiking trails that are suitable for pushchairs ensure easy-going hiking and numerous alpine pastures and huts welcome you to take a relaxing break over some delicious Tirolean treats. The Kreuzjochbahn will take you to 2,136 metres nice and comfortably. A panorama trail runs from the Kreuzjoch mountain station to the 'StubaiBlick' viewing platform. Whereas the nature trail from the Kreuzjoch mountain station to the Schlickeralm is a unique experience of nature. The sense-enhancing Abendweide leads from here to the idyllically situated, turquoise Panorama Lake, which awaits with loungers for relaxation and some Kneipp hydrotherapy. Two further highlights include the Scheibenweg (disc trail), where a wooden disc rolls down with you skilfully, and the Stubai Baumhausweg (tree house trail). This is where small and big adventurers can explore the home of Bardin, the dwarf in the treetops. From the middle station, Froneben, the easily accessible trail leads to the Vergörl mountain guesthouse.



ELFER LIFTS - THE SPORTS MOUNTAIN IN STUBAITAL

The lift from Neustift will take you directly to the Elfer, the Stubai panoramic mountain for hiking, mountain biking, climbing and flying. Sunset rides every Monday between 3rd July and 21st August enable you to enjoy a mountain adventure in the soft evening light. There are numerous rest points along the ramified hiking trails, but it is mostly the beautiful Pinnis Valley that will take your breath away, which can be reached via many different trails leading on from the mountain station. As well as many wild and romantic hiking trails and climbing opportunities, the special thermal on the Elfer is also a highlight. Paragliders will find the best places to take off into airy heights. If you'd rather keep your feet on the ground, the 'sundial' viewing point at the mountain station offers a breathtaking view over the whole of the valley, all the way to Innsbruck. Those who prefer to whizz along on a mountain bike will find rapid descents on near-natural single trails with the EinsEinser and the new ZweiZweier.



SERLES MOUNTAIN EXPERIENCE

Around the Serlesbahnen reservoir lakes, at Koppeneck mountain station, a variety-packed adventure park opens up for all ages. The SERLESPARK world of relaxation with the Koppeneck panorama platform, embedded in the Stubai mountains, invites you to enjoy views of the Serles, the Kalkkögel and the Nordkette. The Serlesblick and Karwendelblick platforms offer a wonderful view of King Serles and the Karwendel. While the SERLES LAKES form oases of peace, small visitors can frolic in the SERLESWASSER play area, splashing around in the water and experimenting. The SERLESZUG, an excursion train, connects the Koppeneck mountain station with the Maria Waldrast Abbey. Those who prefer things a bit faster can soar back into the valley with the steepest summer toboggan run in the Alps. And the eyes of mountain bike fans also light up when 'Stubiking'. Biking novices can use the bike transport in the cableway before exploring the trails.



* Schlick 2000: Children under age 8 ride free (when accompanied by a paying parent)

Panorama page

3-4, 8-9

Panorama page

3-4, 8-9, 14-15



Photo: Ötztal Tourismus, Alexander Lohmann

HILDESHEIMER HÜTTE

2,900 m

Anna Kuisle, DAV-Sekt. Hildesheim
 T +43 (0) 5254 2300 (hut)
 hildesheimerhuette@aol.com
www.hildesheimerhuette.at

- ☀ 23rd June till 20th September
- 🍴 warm cuisine
- 🛏 beds (30), communal bunks (40)

➡ up to the Mutterbergalm, then on to Schaufeljoch pass with the Stubai glacier cable lift, then via the glacier trail to the hut, time on foot approx. 1 hr, New ridgeway to Hochstubai Hütte via glacier path, time: 6-7hrs, new: Rope-lined trail next to the hut. Attention: Glacier traverse only for experts

Mountain passes:

Siegerlandhütte, 2,710 metres, **time:** 2.5 hrs; Hochstubaihütte, 3,173 metres via ridgeway, **time:** 6 hrs; Müller Hütte, 3,148 metres, **time:** 4 hrs; Becherhaus **time:** 5 hrs.

Worthwhile destinations:

Zuckerhüt, 3.505 m, 3 hrs,
 Schaufelspitze, 3.333 m, 1.5 hrs,
 Stubai Wildspitz, 3.340 m, 3 hrs,
 Schussgrubenkogel, 3.211 m, 1.5 hrs



B'SUCHALM

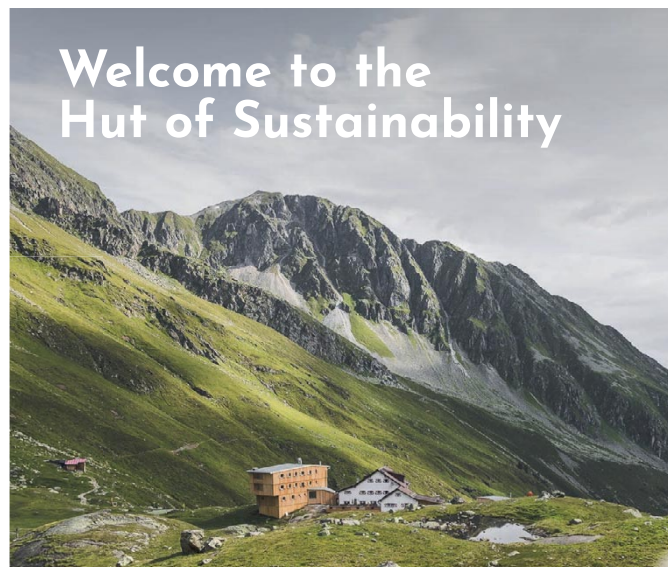
1,600 m

Family Volderauer
 A-6167 Neustift, Neder, Ried 6
 T +43 (0) 664 1349933
www.bsuchalm.at

- ☀ Early June - early/mid-October
- 🍴 warm dishes all day, venison, home-made cakes

➡ ascent 200 m after Ranalt 50 min., pram-friendly trail, carpark Bsuchalm and Nürnberger Hut free of charge, bus stop.

Hut: great new playground and rock for climbing.



WE GO THE HEALTHY WAY: AS THE FIRST PURELY VEGETARIAN MOUNTAIN HUT IN TYROL

Anyone who reaches the Neue Regensburger Hütte has done their body something really good. You are rewarded with a fantastic view, fresh mountain air and a sustainability concept that will delight any palate. The Christian Tomaselli's team not only cooks with passion, but also exclusively with regional products. Welcome to the Neue Regensburger Hütte in the midst of the breathtaking Stubai mountains.



**VOUCHER FOR A
 VEGETARIAN DISH**

Valid for one person
 in summer/autumn 2023.
 Not redeemable for cash.

T +43 664 202 50 70 / REGENSBURGERHUETTE.AT

Panorama page

3-4, 8-9, 14-15



MILDERAUNALM 1,675 m

Christian Volderauer and Herbert Platzer
Schaller 40, 6167 Neustift
Tel.: +43 (0) 699 10036813
info@milderaunalm.tirol
www.milderaunalm.tirol

New: Nature playground for little guests

Hut: E-bike-charging-station

The Milderalm is an absolute highlight and should not be missing when planning a vacation tour. It is located in a wonder-

from mid-April until the beginning of November and from the beginning of December until the beginning of April traditional regional delicacies:

ful position with fantastic views of Stubai Valley. The alp is situated to the north, above the district of Krößbach, 1,675 m above sea level. It is a popular destination for young and old as well as for bikers and e-bikers thanks to its easy accessibility. You can walk from the hut to the Regensburg hut or to the Hühnerspiel natural beauty site directly above the hut or to the 2,877 m Brennerspitze.

every day amongst others. All dishes are freshly prepared and no convenience products are used. Alpine breakfast on advance reservation!

Walking time from the Oberegg car park approx. 1 hr or from Milders power plant car park approx. 2 hrs.

Winter: The toboggan run was awarded the seal of approval in winter 2016/17 and has its own toboggan rental and shuttle upon request.



DO YOU ALREADY KNOW YOUR HOLIDAY COMPANION MYSTUBAI ?

Always be informed about **opening times** and **events** and use the **interactive map** for your perfect Stubai holiday.



Raiffeisenbank
Neustift-Mieders-Schönberg
im Stubaital

Your reliable bank
in the Stubai Valley
www.rb-stubai.at

LEKI



GUIDE YOUR WAY.

MAKALU FX CARBON
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INTERSPORT PITTL

INTERSPORT
PITTL

Kirchstraße 1 | 6166 Fulpmes
Tel. Nr. +43 5225 – 62428
info@intersport-pittl.at

Panorama Seite

3-4, 8-9, 26

22



Photo: www.tkv.at

OBERER KARTNALLHOF 1.275 m

Fam. Trudi Pfurtscheller
A-6167 Neustift, Kartnall 2

T +43 (0) 5226 3488

kartnall@a1.net

www.jausenstationoberkartnall.jimdo.com

☺ Open all year round,
Thursday day of rest

🍴 rich offer from the Tyrolean cuisine,
from delicious soups to tasty main
courses and traditional pastries

— Groups of 10 or more persons
please call ahead for reservations.

➤ from Neustift on a wonderful hiking
trail in approx. 45 min, further in
approx. 1 hr via Forbach to Milders.

Hut: The Kartnallhof is situated on the
sunny side above Neustift; wonderful
sun terrace, cosy farmhouse parlour.


**scenic
nature site**
Kartnall

Photo: TVB Stubai Tirol



The spots of natural beauty in the Stubai Valley do not always become apparent at first glimpse and sometimes remain hidden. These spots with unique views or a special natural atmosphere are often very close by and you don't need to scale steep cliff faces or any great heights to experience these.

KARTNALL SCENIC NATURE SITE

The farmsteads in Kartnall date back to the agricultural land cleared at high altitudes in the 13th Century due to fears of flooding. From the Neustift leisure centre we make our way along the track in the direction of the Bachertal reservoir before reaching the path to Kartnall accessible between the months of April and October. We then cross a patch of forest on sinuous trails. After approx. 45 minutes, once the forest thins out and the hiking route gradually ascends to approach the farmsteads in Kartnall, we reach the natural beauty site located in the middle of a green meadow with a wonderful panoramic view into the Sulzenau glacier. The Kartnall and Hofer snack stations at 1,285 m invite you to stop off for a break. From the Kartnall farmsteads we follow the road to the Forbach mountain farm above Milders. If the weather is dry, from there we come down a steep path on the left in the direction of Milders. During bad weather and outside the summer season we take the road that goes in the direction of Oberberg Valley instead. From the small power station in Milders we hike along the Oberbergbach down the valley. From the opening of the Oberbergbach into the Ruetz we follow the walking path back into the centre of Neustift.



PANORAMA TRAIL AT ELFER MOUNTAIN

A magnificent mountain hike into the wild and romantic Pinnis Valley, where you can admire the beautiful alpine rose blossom in the early summer.

ELFERBAHN TOP TERMINAL - ELFERHÜTTE - KARALM

Walking time: 2.5 hours

From the top terminal, the marked path winds up towards the Elferhütte. Just above the hut, the Panorama Trail branches off towards the right. The path continues to rise slightly before plateauing for a substantial amount of time. From about 2000m, you descend into the wide green Gratzengrüb, from which point the path to the valley floor in Karalm is a bit steep. Back in the valley, there is an Alpine taxi service, but you can also walk to the Pinnisalm and from there back to the top terminal of Elferbahn (about 1.5 hours on foot) or via the forest trail to Neder (about 2 hours on foot).

Panorama Seite

3-4, 8-9, 26



Photo: Archiv Jausenstation zum Weber Lois

JAUSENSTATION ZUM WEBER LOIS 1.100 m

Alexandra Neunhäuserer
A-6167 Neustift, Lehner 19a
T +43 (0) 650 6167 004
zumweberlois@gmail.com

- ☀ From the beginning of May to the End of October and from mid-November to mid-March.
- 🍲 Warm cuisine all day. Enjoy typical Tyrolean home cooking, Stubai and Zillertal delicacies, soothing soups, homemade cakes and pastries. In summer, breakfast by prior arrangement.
- Accessible from Neustift via the Ober-gasse, past the Deniflhof, via a small path. Take the Elferbahn up and follow the forestal road down for approx. 1.5 h. From the Brunnenhof in Stackler, take the forest path for approx. 45 min. From Neustift Freizeitzentrum via Lehner, on the newly built "Michlsteig" for approx. 25 min.

Hut: Traditional Tyrolean snack station with a modern interpretation. Wonderful panoramic terrace with views of the Nord-kette and as far as Innsbruck. Cosy warm rooms. Also easy to reach for mountain bikers. Located directly on the bike trail. In winter directly at the toboggan run.

Visit
natural sites,
hike Stubai
mountain
lakes
– collecting is
worth it!



Combine hiking in
the Stubaital to very
special places with
the fun of a
collective pass.

You can get the **stamp pass** at the information offices in Neu-stift and Fulpmes. Or you can use the **Summitlynx app** on your mobile phone. There are also great awards for diligent collectors.

www.stubai.at



stubai

Panorama Seite

3-4, 8-9, 26

Panorama Seite

3-4, 8-9, 26



Photo: privat

AUTENALM

1,665 m

Family Klaus and Flora Stern
A-6167 Neustift, Auten 1
T +43 (0) 664 2602681
autenalm@gmx.at
www.autenalm.at

☉ From May 20 until September 28
(weather depending)

🍴 traditional alpine hut food with specialties made from produce from the private farm, e.g. goulash from yearling, homemade cakes...

➤ Elferlift top terminal - easy path approx. 30-40min, also possible to get there past Elferhütte hut, on the Panorama Trail and from the valley.

Hut: quaint 350-year old pasture hut with smokehouse as parlour and terrace offering a fantastic view



ISSENANGERALM

1,380 m

Fam. Ribis
A-6167 Neustift/Pinnistal
T +43 (0) 664 9657023 or
+43 (0) 676 4503064

☉ May to the end of October,
December to the end of March

🍴 extensive menu, Tyrolean home cooking, freshly caught trout

➤ from Neustift with the Elferlift cable car, from the Elferlift mountain station down into the Pinnistal (approx. 1h), from Neder (approx. 45min.) or via the Contemplation Trail (approx. 2h).

Hut: The Issenangeralm is easy to reach from the mountain station of the Elferbahn cable car.

In winter, the 8 km long Pinnis toboggan run leads directly to the Issenangeralm, where you can enjoy the beautiful sun terrace.

FREE BROCHURES

available at the
guest information in
Neustift and Fulpmes.
Browse online
or order at:
www.stubai.at

stubai



SCHLICK 2000

Much more than just a hiking region

Aim high with the Kreuzjochbahn, which reaches 2,136 m. Once you have arrived, a 65 km-long network of hiking paths is at your feet, just waiting to be discovered.

GLETSCHERBLICK SCENIC NATURE SITE

Kreuzjoch mountain station - panorama trail to Starkenburger Hütte // after approx. 30 minutes you reach the Sennjochhütte - in the further ascent follow the signs to the Starkenburger Hütte - the trail branches off to the left and leads slightly downhill to the fork in the trail, where you follow the short but steep ascent to the right to the highest point - the Glacier View natural beauty site (walking time approx. 1 h). Return as ascent or continue on an extended day hike to the Starkenburger Hut (2 h) and via Kaserstattalm - Galtalm - to the Schlick 2000 middle station (Bruggeralp) (2h).

PANORAMA TRAIL - VIEWING PLATFORM

Kreuzjoch top terminal - Viewing Platform "StubaiBlick" // Walking time: 30 min.

The Panoramaweg (Panorama trail), which is ideal for families and senior citizens, gradually leads to the "StubaiBlick" viewing platform with exceptional handcrafted seating options along the way.

EDUCATIONAL NATURE TRAIL

Kreuzjoch top terminal - Schlicker Alm // Walking time: 1.5 hours

Young and old can get to know nature at various interactive stations on the nature trail which is suitable for strollers.

ABENDWEIDE PATH

Schlickeralp - Panorama Lake // Walking time: 30 Minuten

Discover the Abendweide (evening meadow) on the way to the Panorama Lake; let your soul linger and sharpen your senses! In addition to the varied adventure trails, the resting points ensure that you can kick back and relax.

PANORAMA LAKE AND DISC TRAIL

Panorama Lake - Froneben Mid-Station // Walking time: 1 hour

The hilly Disc Trail, which lets you race against a rolling disc on the easy walking trail, leads from the majestically placed lake for relaxing and Kneipp treatments to the Froneben Mid-Station.

STUBAI TREE HOUSE PATH

Midpoint station Froneben - Vergör // Walking time: 1 hour

Bardin the Dwarf guides you along the Stubai tree house path on a big treasure hunt. Exciting tree houses way up high invite you to play, discover, and rest on the way.

Panorama page

3-4, 8-9, 31

Panorama Seite

3-4, 8-9, 30

Panorama Seite

3-4, 8-9, 30



From the middle station of Schlick 2000 follow the almost level tree house path in direction of Vergör. After about 30 minutes the path bends left into a narrower forest path. Follow this for a 20 minutes walk until the forest clears. From there it is only a short hike to the Gasthof Vergör. From the snack stop Vergör continue on the forestal road which winds up steeply for about 30 minutes walking time until you reach the idyllic larch-meadows called "Gschmitz". A platform offers a wonderful panoramic view of the Serles-, Elfer-, Habicht-mountain-peaks and the Pinnis valley. We follow the hiking trail into the valley towards Pfuertschell. After a few minutes walk we reach the access road to Pfuertschell - this is where we descent towards the valley ground for a few hundred meters and switch to the forest path towards Omesberg, which takes us on the valley-promenade back to Fulpmes or into the valley to Neustift. Walking time 3 hours



FRONEBEN ALM

1,306 m

T +43 (0) 5225 62211 or
T +43 (0) 650 6368720
lukas.rasinger@gmail.com
www.froneben-alm.at

- Schlick 2000 car park, along the forestry trail, good signposting (approx. 1 hour); also by Schlick 2000 lift (to mid-terminal, 5-min-walk);

Hut: Mid-May to mid-October; produce grown on our own farm, freshly caught trout, famously wonderful food; gorgeous sun terrace, large play area for kids and plenty of animals; located on Baumhausweg; This is an excursion destination for the whole family.



GALTALM

1,680 m

T +43 (0) 5225 62266
info@galtalm.at
www.galtalm.at

- from Fulpmes in approx. 1.5 hrs - from the Froneben middle station approx. 45 min.

Hut: regional products: Deer burger, various dumplings, bacon, Kaiserschmarrn, Graukas, yoghurt, cake, milk, buttermilk, elderberry juice; gourmet on the mountain. Best quality from the region for your gourmet holiday. Culinary highlights combined with Tyrolean hospitality create unique and unforgettable feelings of happiness at 1,680 m.

Let yourself be enchanted by the regional specialities on the sun terrace or in the Stüberl. You can also experience the charm of the mountains overnight & start the new day carefree. Hut taxi possible!



PANORAMA RESTAURANT KREUZJOCH

2,136 m

T +43 (0) 5225 62321-500
info@schlick2000.at
www.schlick2000.at

- directly at the mountain station of the Kreuzjoch gondola (barrier-free access).

Hut: open continuously from 27.05. - 01.10.2023 - with waiter service! From July every Sunday morning pint with live music (11.30 - 13.30) in all weathers. Everything is homemade here, e.g. strudel, cakes, bread, Kaiserschmarrn, dumplings, Zirbenschneaps and much more. Comfortable deckchairs, a large children's playground and a sun terrace with a fantastic panoramic view await you!

Panorama page

3-4, 8-9, 36

Panorama page

3-4, 8-9

Panorama Seite

3-4, 8-9

Panorama page

3-4, 8-9



Photo: Archiv Stockerhof

STOCKERHOF

1,196 m

Alpengasthof, Stefan Hübsch
A-6162 Mutters, Kreith 1
T +43 (0) 664 5328806
stefan.huebsch@chello.at

- ☉ Summer: open daily
Winter: November - end of March,
Monday and Tuesday days of rest

➤ by car: Turn off in the direction of Raitis at the church square in Mutters (with the fountain) and follow the road to Kreith/Kohlstattsiedlung. From there you will find the Stubaital Valley Railway downhill. The road becomes steeper after the stop "Kreith". There are parking spaces on the first right bend and this is also where the forest path begins.

➤ take the Stubaital Valley Railway to Telfes, then walk in the direction of Kapfers and from there take the path in the direction of the Telfer mountain or across the Telfer Wiesen to the Stockerhof.

Hut: A destination for the whole family, the sunny terrace and children's playground are the perfect place to take a rest in summer



Photo: Archiv Sonnenstein

SONNENSTEIN

1,400 m

Alpengasthof, Family Gleinser
A-6167 Neustift
Neder-Pinnisweg 52
T +43 (0) 664 1212645
www.alpengasthof-sonnenstein.at

- ☉ Summer: May to October, no rest days
- 🍽️ hot food served all day, home cooking, home-made cakes

➤ from Medrazer Stille car park, Fulpmes and Mieders in approx. 1.5 hrs or from Mieders via the Serles ropeway along the new wilderness hiking path in about 40 minutes; pram-accessible
Perfect excursion destination for mountain bikers.

Hut: Enjoy the stunning panoramic view from our sun terrace or in the cosy guestrooms while eating a hearty Alpine snack, as your kids enjoy the play area or our miniature farm. We hope to see you soon! The Gleinser family



Photo: Archiv Wildeben

WILDEBEN

1,781 m

Fam. Wurzer
A-6166 Fulpmes, Kohlstattweg 7
T +43 (0) 664 3640164
brigitte.wurzer@tirol.com
www.wildeben.at

- ☉ Whitsun, June on Saturdays and Sundays, from July continuously until end of September
- 🍽️ Warm cuisine throughout, game dishes from local hunting, homemade bakeries

➤ from Fulpmes on well-signposted trail (approx. 2 hrs), challenging hike with beautiful viewpoints, as well as from Kampl via black route or from Maria Waldrast - Serlesjöchl or Serles.

Hut: Wildeben is located in the middle of the "Serleskamm" nature reserve. Strongest earth power place in the Stubaital! Enjoy the good cuisine and relax in the hay beds or on the large lawn with lots of herbs.

Hike on the circular hiking trail (3.5 h ascent and descent) Kampl - Kamplhöhle (rated black) with views over the Stubaital through varied alpine terrain, descent via hiking trail or path;

Relax corner/Hammocks

NEW: Wildeben scenic nature site

Bike: from Fulpmes (challenging)

Worthwhile destinations:

Serles (2,718m), Kesselspitze (2,728m), Blaser, Sonnenstein



Photo: Archiv Gleinserhof

GLEINSERHOF

1,420 m

Alpengasthaus & 4-Flowers farmhouse
Family Christoph Hammer
A-6141 Schönberg, Gleins 10
T+F +43 (0) 5225 62100
gleinserhof@stubaital.at

- ☉ Summer: 7th April to 15th Nov, Monday rest day; winter: open from 20th Dec, Monday rest day.
- 🍽️ Tirol specialties with home-grown produce from the farm, e.g. goulash, plate of dumplings, curd cheesecake, Tyrolean Gröstl, farmhouse bread as well as many others.
- ➡ 4 comfortable double rooms (also multi-bed rooms) with shower/toilet/balcony

➤ Family-friendly mountain hiking trail from the Serleslifte mountain station to Gleinserhof (1.5 h) and then on to the Serleslifte Mieders valley station (1 h). From Schönberg, above the motorway (parking facilities) in the direction of Gleins, turn right uphill after 10 min. onto the Walddierweg to Gleinserhof (1 hr).

Hut: Very sunny location with a view over the Stubai Valley, sun terrace, loungers, large children's playground, petting animals in the yard. Starting point (parking facilities) for the route "Natural beauty site Eulenwiesen".

Winter: A relaxing winter hiking trail from the Serleslifte Mieders mountain station to Gleins to Gleinserhof (1.5 h) and then on to Schönberg (1 h). Family-friendly, illuminated natural toboggan run (with seal of quality). Starting point for snowshoe hikes (Natural beauty site).



scenic nature site

Telfer Wiesen

Through the village of Telfes you reach the village-part Kapfers and keep right. Behind the last houses, you arrive at a big parking lot:

After only 15 minutes walking you get to the "Telfer Wiesen" scenic nature site with many larch-trees. There you find a sun deck and shady trees to relax. With a slight incline, the hiking trail leads through the forest to the inn Stockerhof for 1 1/2 h.

You hike back on the same path or descent from Stockerhof until you hit the tracks of the Stubai tram and follow the path back to the starting point.

The circular hike takes about 3 hours.

