

## Daily in the STUBAI valley from 16/03/2019-24/03/2019

### STUBAI VALLEY:

#### Other...

- **FOTO RUTH – The Photo studio in the Stubai Valley**, Feldgasse 2, Kampl, open from MON until THU from 09:00 until 12:00, tel.: +43 (0) 650 242 55 30, [info@fotoruth.at](mailto:info@fotoruth.at), [www.fotoruth.at](http://www.fotoruth.at)
- **Carriage ride with horses** for 2 to 6 people, only with reservation, Fritz Ranalter, information at tel.: +43 (0) 664 4042431
- **Stubai Zirbenwerkstatt** - Tyrolean handicrafts made of wood, Christian Neunhäuserer, Lehner 14, tel.: +43 (0) 664 5653237, [office@stubaitaler.at](mailto:office@stubaitaler.at), [www.stubaitaler.at](http://www.stubaitaler.at), only by telephone agreement
- **Kreativ Hofladen Pfurtschell**, daily open from 08:00 until 20:00, Pfurtschell 1, tel.: +43(0)699 11152208, [pfurtschell@gmail.com](mailto:pfurtschell@gmail.com), [www.pfurtschell.com](http://www.pfurtschell.com)
- **Weberei Stern**, Außerrain 114, please register by phone, tel.: +43 (0) 5226 2274

### NEUSTIFT:

#### Sport & Leisure...

- **Night sledding from the Brandstättalm** from WED until SUN (subject to modifications)
- **Skischule Neustift Stubai Glacier:** [www.schischule-neustift.at](http://www.schischule-neustift.at), Stubaitalstraße 91, [info@schischule-neustift.at](mailto:info@schischule-neustift.at) ski and snowboard courses, snowshoeing, info and registration at tel.: +43 (0) 05226 8108
- **Ski- & Snowboardschool "Olympia" Neustift:** [www.skischule-neustift.com](http://www.skischule-neustift.com), Dorf 25, [info@skischule-neustift.com](mailto:info@skischule-neustift.com) ski and snowboard courses, snowshoeing and Nordic-Walking-tours information and registration at tel.: +43 (0) 676 3305112
- **Skischool „Alpin“ Neustift:** [www.alpin-schischule.com](http://www.alpin-schischule.com), [info@alpin-schischule.com](mailto:info@alpin-schischule.com) private school, information and registration at tel.: +43 (0) 5226 30270
- **The Freeride Center Stubai:** [www.freeride.center](http://www.freeride.center), Dorf 16 - next to the bar „Dorfwirt“, [ride@freeride.center](mailto:ride@freeride.center), freeride courses, freeride camps, ski touring courses information and registration at tel.: +43 (0) 650 5608797
- **Stubai Alpine mountain guides office:** [www.stubai-alpin.com](http://www.stubai-alpin.com), Dorf 5, [info@stubai-alpin.com](mailto:info@stubai-alpin.com) Freeride, ski touring, ice climbing snowshoeing, information and registration at tel. +43 (0) 5226 3461
- **Austrian Alpine Association (Alpenverein) – Section Stubai** registration at the Alpinzentrum in Neustift
- **Outdoor-Zentrum Sport Stubai**, Guided bike tours and Riding bookable at the Outdoor-Zentrum Sport Stubai via [www.sport-stubai.at](http://www.sport-stubai.at) or at tel.: +43 (0) 5226 30288
- **Skiing in Krössbach:** daily from 09:30 until 16:00, closed from MON-THU, open from FRI-SUN (only at good snow condition)
- **Cross-Country skiing Franz Volderauer**, information and registration at tel.: +43 (0) 650 7022163, [franz.volderauer@aon.at](mailto:franz.volderauer@aon.at), [www.langlaufschule-stubai.com](http://www.langlaufschule-stubai.com)
- **Ice-cave at the Stubai Glacier**, daily open from 11:30 until 15:30
- **Leisure centre Neustift** swimming pool daily from 13:00 to 21:00, sauna daily from 13:00 to 21:00, information at tel.: +43 (0) 5226 2722 or [info@fzz-neustift.at](mailto:info@fzz-neustift.at).
- **Bowling in the Leisure Centre Neustift** daily from 13:00-01:00, tel.: +43 (0) 5226 2722
- **W-Lan Hotspot:** Cafè Ingentis Scheibe 73, tel.: +43 (0) 5226 30032
- **Billiards in the Dorfpub** (daily from 18:00)

- **Ticket agency Stubaier Glacier** in Neustift (on the opposite side of the petrol station), open from MON-SAT from 7:30 until 12:00 and from 14:00 until 18:00, on Sundays and public holidays from 7:30 until 12:00 and from 16:00 until 18:00

### Health & Beauty...

- **Energetic-Massage-local therapist Christoph Pedevilla**, Oberdorf 6, tel.: +43(0) 5226 30243 <http://www.massagepedevilla.at/>
- **Dipl. Physiotherap. Carmen Bauer**, Schulweg 4, tel.: +43 (0) 5226 2989
- **Institute of Wellness & Therapy, Wolfgang Kobinger**, Moos 16, tel.: +43 (0) 699 17030085
- **Wellbody Massage**, the mobile massage for you, **Mathias Ranalter** certified massage therapist, tel.: +43 (0) 650 7303086, or [mathias@wellbody-massage.at](mailto:mathias@wellbody-massage.at) <http://www.wellbody-massage.at/>
- **Mobile med. foot care** Andrea Müller, tel.: +43 (0) 5226 2148 or at +43 (0) 664 73709286
- **Health & Beauty Lounge**: cosmetics, pedicure, massage and much more  
Appointments by arrangement; tel.: +43 (0) 660 4013015 (Andrea Hofer) [www.healthandbeautylounge.at](http://www.healthandbeautylounge.at)
- **Therapy Centre Stubai** – physiotherapy, osteopathy, ergotherapy, massage, taping and much more; Kampl/Quellenweg 11b, tel.: +43 (0) 664 2346492, [office@therapiezentrum-stubai.at](mailto:office@therapiezentrum-stubai.at), [www.therapiezentrum-stubai.at](http://www.therapiezentrum-stubai.at)
- **Energetic treatments** – Harald Gleirscher energetic and natural healing, impulse for self-help for body, mind and soul; Quellenweg 21, tel.: +43 (0)650 2236902, [harald.gleirscher@aon.at](mailto:harald.gleirscher@aon.at)
- **Dream Nails by Andrea Pfurtscheller**, Knappenweg 6, 6167 Neustift im Stubaital, tel.: +43 (0) 676 9370187

### Childcare...

- **Child minder**: Kindl Katrin, Kampl, information at tel.: +43 (0) 5226 30051;

### Food & Beverage...

- **Restaurant Hoferwirt, Dorfplatz: Tyrolean specialities, fresh home-bred trout**, daily open, every **Thursday traditional buffet**, tel.: +43 (0) 5226 2201,
- **Tschangelairalm** daily open, fresh products from the own farm – milk, cheese, butter and eggs, tel.: +43 (0) 5226 2201,
- **Pizzeria Salute** TUE-SUN open from 16:00 until 21:30, TUE-SUN 18:00 until 21:30 delivery service, MON closing day, every **Thursday pizzas at a special price**, gluten free meals available, Neder, tel.: +43 (0)5226 2318
- **Gasthof Kirchenwirt**, above Billa Supermarket, daily open from 11:00-22:00, throughout warm kitchen, Wednesday closing day, tel.: +43 (0) 664 5936696
- **Alpengasthof Kratzerwirt** open from THU to TUE from 16:00 until 22:00, sun and public holidays open from 11:00 until 14:00 and from 17:00 until 22:00, WED closing day, tel.: +43(0) 660 162 2300
- **Yard sale - Jedelers Hofladen**, THU and FRI; from 17:00 – 18:00 or after agreement, Family Ranalter, Stubaitalstraße 14, tel.: +43 (0) 664 1590880 (outside the opening hours: ring the doorbell)
- **Gasthaus Falbesoner in Ranalt** daily open from 16:00, tel.: +43(0) 5226 30248
- **Seestube Kampler See** daily open, tel.: +43 (0) 664 1147642, Monday closing day
- **Restaurant Tyrol Café**, Dorf, Schulweg 37, daily warm kitchen MON-SUN from 12:00 to 22:00, traditional cuisine, wok, steaks, pasta, homemade pizza, also to take away, homemade cakes, sundaes, frozen yogurt; table reservation at tel.: +43 (0) 5226 2253
- **Hotel Cafe Restaurant Brunnenhof**, MON – SAT warm kitchen from 14:00 – 21:00, Sundays and public holidays warm kitchen from 11:30 – 14:00 and 17:00 – 21:00, tel.: +43 (0) 5226 30262,
- **Skialm Krößbach** open from 17:00, WED closing day, tel.: +43 (0) 664 4606485 (closed from 17.03 until 20.03)

- **Alpengasthof Schallerhof:** MON-WED open from 16:00, FRI-SUN open from 12:00, THU closing day, Traditional dishes, wild game specialities from own breed and much more; Fondue on advance order; **Every Tuesday – “Dinner without cutlery“ – rustic eating;** reservation tel.: +43 (0) 5226 2205 [info@schallerhof.at](mailto:info@schallerhof.at) / [www.schallerhof.at](http://www.schallerhof.at)
- **Restaurant Jagdhütte:** daily warm kitchen from 11:30-21:30, Tuesday closing day, tel.: +43 (0)5226 2668, Neustift Stubaitalstr. 82
- **Gasthof Bärenbad** open daily, MON and TUE closing days, tel.: +43 (0) 5226 2291
- **Jausenstation Hofer Unterkartnallhof,** Menu of farmhouse meals on reservation, WED closing day, tel.: +43 (0)5226 3429
- **Bauernladele “Kräuterweise” (delicatessen shop & spicery)** at the Griebhof; daily open from 08:00 until 20:00; Milders - Brückenweg 15, 6167 Neustift, tel.: +43 (0) 664 214 3388; [sonja@kraeuterweise.at](mailto:sonja@kraeuterweise.at) / [www.kraeuterweise.at](http://www.kraeuterweise.at)
- **Hanni’s Laden** Schulweg 38, open 24h/7days, regional specialities, tel.: +43 5226 2450
- **Pizzeria Platzl – Cafe Anny** Dorf 9, daily open from 09:00 until 24:00, great sun terrace, tel.: +43 (0) 5226 36133
- **Restaurant Dorfwirt** Dorf 16, daily open from 10:00 to 23:00, warm kitchen from 11:00 to 21:30; Tuesday closing day, Austrian kitchen, tel.: +43 (0) 676 4800890,
- **Pizzeria Bellafonte** Dorf 16, daily open from 17:00 to 23:00, Tuesday closing day, pizza baked in a wood-burning oven, tel.: +43 (0) 5226 30088
- **Herr Klaus – Das Restaurant;** Dorf 15, daily open from 16:00, Monday closing day, fresh burgers, steaks and much more; also for take-away; tel.: +43 (0) 660 2171809; [www.herrklaus.at](http://www.herrklaus.at), [restaurant@herrklaus.at](mailto:restaurant@herrklaus.at),
- **Bottega No. 13** Dorf 13, MON-FRI open from 15:00, SAT and SUN open from 10:00, tel.: +43 (0) 676 7759152, [www.bottega13.com](http://www.bottega13.com), [info@bottega13.com](mailto:info@bottega13.com)
- **Dorfpub** Dorf 15, TUE until SUN open from 10:00 and MON from 16:00, tel.: +43 (0) 660 6715684
- **Dorfalm – Bar,** Dorf 16, WED-SAT open from 20:00 until 04:00, tel.: +43 (0) 664 2120014, [cornelia.joerg@gmx.at](mailto:cornelia.joerg@gmx.at)
- **Bierfassl** Dorf 22, FRI and SAT open from 16:00, SUN-THU open from 20:00, with guest garden and restaurant, tel.: +43 (0)699 10072375, [info@bierfassl-neustift.at](mailto:info@bierfassl-neustift.at)
- **Rossini – Bar/Disco** Scheibe 40/41, daily open from 21:00 pm to 06:00, tel.: +43 (0) 5226 30500
- **Fermani – Pizzeria** Scheibe 40/41, daily open from 18:00 to 24:00, every 2<sup>nd</sup> Saturday open until 03:00, tel.: +43 (0) 5226 30500
- **Schillingpub** Dorf 34, daily open from 18:00 until 02:00, [info@schillingpub.at](mailto:info@schillingpub.at), [www.schillingpub.at](http://www.schillingpub.at)
- **Restaurant Camping Edelweiss** Volderau 29, open daily from 18:00 to 20:00, closed on Wednesday, Tyrolean delicacies, forest seasonal venison dish and steaks, tel.: +43 (0) 5226 3484
- **Geieralm** Volderau 6, SAT to MON open from 12:00 and WED to FRI open from 14:00, Tuesday closing day, tel.: +43 (0) 676 5827455
- **Volderauhof** Volderau 7, daily open from 12:00 to 21:00, Monday closing day, tyrolean cuisine, tel.: +43 (0) 5226 2617,
- **Gasthof Sportalm** Krössbach 30, beautiful sun deck and big playground for children directly at the bus stop, MON/WED/THU/FRI/SAT open from 15:00, warm kitchen from 17:00 until 20:30, SUN warm kitchen from 12:00 until 14:00 and from 17:00 until 20:30, Tuesday closing day, tel.: +43 (0) 5226 2527,
- **Happy Stubai** Wiesenweg 16, À-la-carte-Restaurant daily open from 18:30 until 20:30, only with reservation at tel.: +43 (0) 5226 2611, [info@happystubai.com](mailto:info@happystubai.com)
- **Dolce Lea,** daily open from 13:00 until 19:30, Dorf 28, tel.: +43 (0) 681 81958629, ice cream, waffles, crepes and coffee
- **Big Mike’s Burger** Stubaitalstraße 12a, open: MON until FRI from 11:00 until 14:00 and from 16:00 until 21:00, SAT from 15:00 until 21:00, On public holidays from 15:00 until 20:00, [www.bigmikesburger.com](http://www.bigmikesburger.com), [bigmikesburger@gmail.com](mailto:bigmikesburger@gmail.com), tel.: +43 (0) 664 9247997

- **Bauers Imbiss** Dorf 7, daily open from 11:00 until 22:00, [www.bauersimbiss.at](http://www.bauersimbiss.at), tel.: +43 (0) 664 5794036
- **Fast Food & Co** Dorf 14, 6167 Neustift im Stubaital, open TUE until FRI from 17:30 until 00:00, Monday closing day, tel.: +43 (0) 676 6560612
- **Restaurant Wilde Grube** Mutterberg 3, daily open from 08:00 until 18:00, tel.: +43 (0) 660 6422767
- **Marend Stüberl Klaus Äuele**, Falbeson 10, daily open from 10:00 until 18:00, tel.: +43 (0) 664 3408988
- **Hubertus Stube** - 2 toques restaurant at Relais & Châteaux Spa Hotel Jagdhof \*\*\*\*\* THU – FRI from 19:00, please book a table by phone, tel.: +43(0)5226 2666

### Other...

- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or +43 (0) 664 2877000
- **Car rental and Taxi Schöpf**, tel.: +43 (0) 664 3116484
- **Car rental with passenger transport Sigg**, tel.: +43 (0)664 3453938
- **Professional Dogwalking** – GO WALKIES for dogs of guests, daily guided walks or/and hikes for “dog and human“ in Stubai valley, Neustift: 09:00 until 10:30; meeting point: Elferlifte parking in front of the Hotel Berghof, registration at HeimtierService Tirol – Martina Kroh tel.: +43 (0) 664 4808622, [www.hundesitter-innsbruck.at](http://www.hundesitter-innsbruck.at)

### FULPMES:

#### Sport & Leisure...

- **Ski School Stubai**, Bahnstraße 17, ski & snowboard school, cross-country skiing, information and registration on tel.: +43 (0) 5225 64764 or 64988, [www.schischule-stubai.at](http://www.schischule-stubai.at), [info@schischule-stubai.at](mailto:info@schischule-stubai.at)
- **Alpine program** of the mountaineering school Stubai Tirol, ski tours and ice climbing courses for beginners and advanced, Sepp Rettenbacher, information and registration at tel.: +43 (0) 664 3332222
- **Snowshoeing** with Eustachius Ragg, information and registration at tel. +43(0)676 9316841 or [wandern-ragg@gmx.at](mailto:wandern-ragg@gmx.at)
- **“Unser Kino” – cinema Fulpmes**, cinema shows from FRI-SAT and public holidays at 15:00 / 18:30 / 20:45 programme upon notice, Michael-Pfurtscheller-Weg 8
- **Climbing hall** open MON and FRI from 19:30 until 22:00, WED from 18:30 until 22:00, family climbing on SUN from 15:00 until 18:00 on request, closed at school holidays and public holidays, tel.: +43 (0)664 8548357 or at +43 (0)676 6785275 (for family climbing) [www.climbfulpmes.at](http://www.climbfulpmes.at)
- **Crib Museum** open from THU-SUN from 10:00 until 12:00 and from 14:00 until 18:00, tel.: +43 (0)5225 62251-1
- **Blacksmith museum** group tours on request, registration under tel.: +43 (0)664 4502402
- **Airsoft-Hall**, Stefan Mair, industrial park B4, TUE-THU from 13:00 until 18:00, FRI from 13:00 until 21:00, SAT-SUN from 10:00 until 16:00, tel.: +43 (0) 676 6444498, [www.airsoft.at](http://www.airsoft.at)
- **Skating ground** at the music pavilion open on TUE-SUN, from 14:00 until 18:30, tel.: +43 (0) 650 2634708 or +43 (0) 660 4202560, [www.eisarenafulpmes.at](http://www.eisarenafulpmes.at) (open until 16.03.)
- **Ice-hockey** only on advanced reservation, tel.: +43 (0) 650 2634708 or +43 (0)660 4202560, [www.eisarenafulpmes.at](http://www.eisarenafulpmes.at) (open until 16.03.)
- **Ice-stock-sport** only on advanced reservation, tel.: +43(0) 650 2634708 or at +43(0) 660 4202560, [www.eisarenafulpmes.at](http://www.eisarenafulpmes.at)
- **Nostalgic rides with the old Stubai Tram**, only for groups with registration at tel.: +43(0) 512 5307302
- **Internet**: Free Internet access in the tourism office

### Health & Beauty...

- **Body & Balance Wellness studio**, Bahnstr. 15, appointments at tel.: +43 (0)699 17368752
- **Day Spa at the Alpine Resort Stubai Hof**, sauna, steam bath, steam brine bath, swimming pools and outdoor whirlpool, tel.: +43 (0) 5225 62266
- **Cosmetics Kristine**, Medrazer Str. 11, appointments at tel.: +43 (0) 5225 63155 or at tel.: +43 (0)650 471 0570 and [e.partl.kosmetik@gmail.com](mailto:e.partl.kosmetik@gmail.com) (Elisabeth Partl)
- **Petra´s Beauty Lounge** (cosmetics, pedicure, nail-design) Petra Tschanett, tel.: +43 (0)664 3522119 and Med. Massage by Marlene Tanzer, tel.: +43 (0)650 2609706
- **Optik-Augen-Blick**, ophthalmic optics, Riehlstraße 3, tel.: +43 (0)5225 62875

### Food & Beverage...

- **Alpenhotel Tirolerhof**, À-la-carte-Restaurant daily open from 18:00 until 21:00, tel.: +43 (0)5225 62422
- **Gasthof Jenewein**, open MON-SAT from 17:30 and SUN from 11:30 until 13:30 and from 17:30, Tuesday closing day; tel.: +43 (0)5225 62291
- **Alpine Resort Stubai Hof - Poststüberl**, Bar/Restaurant, daily open from 11:30 until 13:30 and from 18:00 until 21:00, reservation at tel.: +43(0) 5225 62266-8046
- **A-la-carte Restaurant im Medrazerhof** daily open from 17:30 until 20:30, Tel. 05225/63774
- **Restaurant Dorfkrug**, open from TUE-SUN from 10:00, warm kitchen from 11:00 until 14:00 and from 18:00 until 21:00, MON closing day, tel.: +43 (0)5225 62488
- **Gasthof Gröbenhof**, from SUN until TUE warm kitchen from 11:30 until 14:00 and from 17:30 until 20:00; from THU until SAT warm kitchen from 11:30 until 14:00 and from 17:30 until 20:30, **Thursday various Fondue specialities by arrangement**, tel.: +43(0) 5225 62442  
Wednesday closing day
- **Restaurant „Zur Huisler Stube“** FRI until WED open from 11:00 until 14:00 and from 17:00 until 22:00 ; tel.: +43 (0)664 7912711; Thursday closing day
- **Pizzeria Dorfalm** open from 17:00, tel.: +43 (0)5225 62837, Monday closing day
- **Gasthof Hofer**, daily open, tel.: +43(0)5225 62876
- **Pizzeria Casanova/ KLA4 – Steakhouse** open from THU –TUE, warm kitchen from 17:00, Wednesday closing day, tel.: +43 (0)5225 64832
- **Metzgerei Krösbacher / Helli´s food & more**, MON-FRI 08:00-12:00 & 15:00-22:30 Uhr, SAT 08:00-12:00 & 17:30-22:30 Uhr, tel.: +43 (0) 5225 62225
- **Restaurant-Pizzeria Pavillon** MON and THU until SUN open from 11:30 until 14:00 and from 17:00 and 23:00, Tuesday closing day and Wednesday open from 17:00 tel.: +43 (0)664 1825315
- **Schmanggerl** – Delicacies Shop, open from MON until FRI from 8:30 until 12:00 and from 15:00 until 18:00, SAT open from 8:30 until 12:00, tel.: +43(0)676 4400230
- **Forellenhof** – Trout sale; fresh or smoked, Kohlstattweg 11, tel.: +43 (0)5225 62434
- **Blumrich´s Catering** - Finger Food & Co. tel.: +43 (0) 650 4212135 or [www.fingerfood-co.com](http://www.fingerfood-co.com)
- **Leo´s Stadl Bar**, Après-Ski daily open from 16:00, tel.: +43 (0)5225 63301
- **Kuhstall**, from TUE until SAT open from 20:00, tel.: +43(0)699 11351595
- **Cafe/Bar Caramba**, daily open from 11:00 / public holidays from 16:00, Sunday closing day, tel.: +43 (0)699 16296800
- **Tatort**, tel.: +43 (0)5225 63666, Sunday closing day
- **Schnaps sale** by Tina Ruez, tel.:+ 43 (0)677 61424542

### Other...

- **Car rental and Taxi Schöpf**, tel.: +43 (0)664 3116484
- **Car rental with passenger transport Siggli**, tel.: +43 (0)664 3453938
- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or at +43 (0) 664 2877000

## TELFES:

### Sport & Leisure...

- **StuBay Leisure Center** - swimming pools; daily open from, tel.: +43(0)5225 62666
- **StuBay Leisure Center** - sauna; daily open from, tel.: +43(0)5225 62666
- **AIR-PARC in the StuBay Leisure Center** – great indoor Playground for trend sports, BigAir-Ramp, trampoline, Airtracks, Parcours, Relaxing-and-Kids-Area and much more... MON until FRI open from 14:00 until 20:00 / Sat-, Sun- & holidays from 12:00 until 20:00
- **Body&Soul Fitness-Center** in StuBay Leisure Centre, MON until FRI from 08:00 until 21:45, weekend & public holidays from 10:00 until 21:00, tel.: +43 (0) 664 4540900
- **Farmhouse experience with pony riding** at the Kassnhof. Only by arrangement at tel.: +43(0)681 81489274

### Food & Beverage...

- **Cafe Pub Vivai**, TUE-THU open from 16:00 until 02:00, FRI/SAT open from 12:00 until 02:00, SUN from 10:00 until 02:00, Monday closing day; tel.: +43 (0)660 615 96 66
- **Hotel Oberhofer**, à la carte Restaurant, daily from 19:00 until 20:30, tel.: +43(0)5225 62672,
- **Hotel Montana, à la carte Restaurant** WED-SUN from 18:00 until 21:00 (with reservation), **breakfastbuffet**(also veggie, gluten and lactose free) daily from 07:00 until 10:00, (also possible without reservation) tel.: +43 (0)5225 62426
- **Restaurant Stubai** in the StuBay Leisure Centre; daily open from 10:00 until 22:00, tel.: +43(0)5225 62666
- **Grocer's shop Sparmarkt Kofler**: opening hours: MON until FRI from 07:30 until 12:00 and from 15:00 until 18:00, SAT open from 07:30 until 12:00 and from 16:00 until 18:00, tel.: +43 (0)5225 62366
- **Mesner's Hofladen** (behind the church), tel.: +43(0)5225 62627, bread, cheese, eggs, fruits and vegetables depending on the season! Opening hours: FRI open from 16:00 until 18:00 and SAT from 10:00 until 12:00

## MIEDERS:

### Sport & Leisure...

- **Bowling in the Restaurant s`Kasermann** TUE-SAT open from 17:00 until 24:00 / SUN- & public holidays from 11:00 until 24:00, registration for bowling at tel.: +43 (0)5225 62668
- **Segway tours - Touring experience on 2 wheels with Segway Tirol**, information and registration at tel.: +43(0)664 3420 702 or at [info@segway-tirol.info](mailto:info@segway-tirol.info)
- **Stubai Yoga**- "Seminarhaus Zeit&Raum" Silbergasse 3, information and registration [www.stubaiyoga.com](http://www.stubaiyoga.com), [info@stubaiyoga.com](mailto:info@stubaiyoga.com), tel.: +43 (0) 699 10587703,

### Food & Beverage...

- **Grillstadl Mieders**, open daily from 11:00 until 22:00, Sunday closing day, tel.: +43 (0)664 6592319
- **Restaurant Gletscherblick** daily open from 10:00 until 22:00, Tuesday closing day, tel.: +43(0)699 16226510
- **Restaurant Kirchbrücke**, daily warm kitchen & fresh home-bred trout, Tuesday closing day, tel.: +43 (0)5225 62489
- **Restaurant/Café Gusto**, WED/THU/SUN open from 09:00 until 18:00, FRI/SAT open from 09:00 until 22:00, MON/TUE closing day, tel.: +43 (0) 699 18002010
- **Restaurant EssBar** warm kitchen from 11:00 until 14:30 and from 17:00 until 22:30, MON closing day, tel.: +43 (0) 650 8301886

- **Café/Restaurant „Die Kantine“** MON-FRI open from 8:00 until 15:00, SAT/SUN- & public holidays closed, room for events, tel.: +43 (0)676 7780015
- **Hotel Bergkranz**, THU-SUN from 18:00 until 21:00 and Sun- & public holidays from 11:30 until 13:30, tel.: +43(0)5225 62520
- **Restaurant/Kegelbahn s`Kasermendl**, TUE-SAT from 17:00, SUN and public holidays from 11:00, Monday closing day, tel. 0043/5225 62668
- **Gasthof Traube**, FRI-TUE open from 16:00, Wednesday and Thursday closing day, tel. 0043/5225 62521
- **Regiomat 24h**, fresh agricultural products from local farms and the butchery “Metzgerei Zorn“, Dorfstraße 2

### Health & Beauty...

- **„Hautnah“ Kosmetik**, cosmetics, med. pedicure, manicure, hair removal and much more, Dorfstr. 1c. Viktoria Kerber, tel.: +43 (0)676 9727041, [www.hautnah-schoenberg.at](http://www.hautnah-schoenberg.at)
- **Regina Weirather**, mobile service of mani- & pedicure, tel.: +43 (0)660 2804974, [www.aloe-weirather.flpg.at](http://www.aloe-weirather.flpg.at)

### Other...

- **Professional Dogwalking - GO WALKIES** for dogs of GUESTS, daily guided walks or/and hikings for „dog and human“ in the Stubai valley, registration at HeimtierService Tirol – Martina Kroh tel.: +43(0) 664 4808622, [www.heimtierservice-tirol.com](http://www.heimtierservice-tirol.com)
- **Present market from the** Lebenshilfe DLV-Mieders at Gewerbepark 9, MON-FRI open from 08:30 until 18:00, tel.: +43(0)50434 2300
- **Voice Academy Austria** -singing and vocal training for beginners to professionals, from individual training to healing singing groups, information at +43 (0)664 75053596, [www.stimmakademie-austria.com](http://www.stimmakademie-austria.com)

## SCHÖNBERG:

### Food & Beverage...

- **Hotel Handl**, MON-FRI open from 16:00, SAT/SUN lunch & dinner, tel.: +43 (0) 5225 62574
- **Hotel Stubai, daily open** tel.: +43 (0) 5225 62559
- **Rasthaus Europabrücke**, daily open, tel.: +43 (0) 5225 62248
- **Grocer's shop Gietl's Café und Laden**, MON-FRI open from 06:30 until 12:30, from 15:00 until 18:30, SAT from 06:30 until 12:00, tel.: +43 (0) 5225 62581
- **Bakery Ruetz**, daily open from 06:30 until 18:00
- **Sophie's Biowelt** – Bio shop in the Stubai valley, Alte Schulgasse 5, tel.: +43 (0) 664 2827698
- **Pilic Palast**, chicken snack bar, Dorf Str. 24, open from MON-SAT from 10:30 until 18:30 , tel.: +43(0)650 796 53 71
- **Cake manufacture “Tortennascherei”**, cakes for special occasions on request, tel.: +43 (0) 676 9366744
- **McDonald's Schönberg**, open from SUN-THU from 06:00 until 01:00, FRI-SAT open 24h

### Health & Beauty...

- **Vital & Beauty Coach Anni Penz**, Dorfstraße 27, THU from 10:00 until 12:00 and from 16:00 until 19:00 and after arrangement by phone. tel.: +43 (0) 676 5369052