

Daily in the STUBAI valley from 05/10/2024 until 13/10/2024

NEUSTIFT:

Sport & Leisure...

- **Alpinzentrum Neustift** – free guided hikes, daily guided from the mountain guides, registration & information via phone: 0043/ 5226 3461
- **Guided alpine tours, freeride mountainbike guiding with Patrick Ribis**, information and registration with +43 (0)650 5608797, www.patrickribis.com
- **Earla – Rund um die Berge**, guided hikes, High-, Climbing- and Bike tours the whole summer, company-events and children's entertainment, information and registration at +43 (0) 512 327277 or www.earla.at
- **Kassa Neustift Stubaier Gletscher**, open Monday – Saturday from 7:30 am – 12 am and 2 pm – 5 pm, Sun- and Holiday from 7:30 am – 12 am and 3 pm – 5 pm
- **Intersport Stubai Glacier**, Ski Rental Shop Gamsgarten, Shop Eisgrat, **ski-, ski boot-, snowboard-, touring-, telemark ski-, powder safety package-, ski helmet-, cross-country ski set-, ski clothing- and snowshoe-rental**, **Ski Depot** Comfort Center Talstation Gamsgarten and Talstation Eisgrat, Mutterberg 2, Neustift, Tel. +43 (0) 5226 8141, www.stubaier-gletscher.com
- **Intersport Schönherr**, **Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, bike rental, mountaineering equipment, sports-fashion, via ferrata set rental**, Stubaitalstr. 79, Neustift, tel. +43 (0) 5226 369043, www.schoenherr.cc, kundenservice@schoenherr.cc
- **Sport 2000 Hofer**, **Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, bike rental, mountaineering equipment, sports-fashion, via ferrata set rental** 6167 Neustift, Dorfplatz 13, tel. +43(0) 5226 2428, Fax: +43 (0) 5226 3463, hofer@sport2000.at
- **Outdoor-Zentrum Sport Stubai: Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, bike rental, mountaineering equipment, sports-fashion** Bike-tours, canyoning, rafting, paragliding, delta-planning, pony-riding, booking at www.sport-stubai.at or tel. +43 (0) 5226 30288
- **Sport Danler**, **Dorf 18, 6167 Neustift im Stubaital, Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, bike rental, mountaineering equipment, sports-fashion**, tel. +43 (0) 5226 2203, www.sportdanler.at
- **Intersport Martin**, **Franz-Senn-Straße 88, 6167 Neustift im Stubaital**, tel. +43 (0) 664 7964593, www.intersport-martin.at, **Ski, ski boot, ski helmet, cross-country ski set, snowboard and snowshoe hire, bike rental, mountaineering equipment, sports-fashion**
- **Sportfarm Milders- Ski rental**. Franz-Senn-Straße 87, tel.: +43 (0) 5226 30407
- **Carve In: Ski, ski boot, ski helmet, Touring ski, snow-blades, cross-country-ski, snowboard and luge hire**, 6167 Neustift, Gasteig 4, tel.: +43 (0) 664 1412 293, www.carve.in
- **Kindl's Skiverleih**, Stubaitalstr. 88, 6167 Neustift, tel.: +43 (0) 676 5097540, www.skiverleih-kindl.at, **Ski, ski boot, ski helmet and snowboard hire**
- **STUBIKE** - hire of **electric bikes, various scooters, bike trailers** and much more. Open daily from 08:30 - 12:30 and 14:00 - 18:00, info@stubike@gmail.com, Tel.: +43 (0) 650 6359058
- **Paragliding tandem flights:**
 "Parafly" – Tandem flights, contact: tel. +43 (0) 5226 3344 or +43 (0) 664 445 32 33, Monika Eller flugschule@parafly.at, flights, training, schools
 Paragliding school apc Stubai +43 (0)5226 3344 flugschule@apc-stubai.at
 Fly together +43 (0) 664 1602309, flytogether@aon.at
 Air 4 You +43 (0) 664 3420343, info@air4you.at

Fly Stubai/Twin flights +43 (0) 664 4442694, MON-SUN from 8:00 until 18:00,

peerlorenz@gmx.at

Marc Niedermeier +43 (0) 6654 7548 marc@papillion.de

Paragliding school Human Eagle Air Academy, [+43 \(0\) 664 4099663](tel:+4306644099663),

office@humaneagle.com **Rafting in Stubai valley** – Wild Water Action on the river

"Ruetz", for beginners and advanced persons, contact and booking via [info@stubai-](mailto:info@stubai-rafting.at)

[rafting.at](mailto:info@stubai-rafting.at) or +43 6607569539

- **Skischule Neustift Stubai Glacier:**
www.schischule-neustift.at, Stubaitalstraße 91, info@schischule-neustift.at
ski and snowboard courses, snowshoeing, info and registration at Tel.: +43 (0) 05226 8108
- **Ski- & Snowboardschool "Olympia" Neustift:**
www.skischule-neustift.com, Dorf 25, info@skischule-neustift.com
ski and snowboard courses, snowshoeing and Nordic-Walking-tours
Info and registration at Tel.: +43 (0) 676 3305112
- **Alpine Ski School Neustift:** www.alpin-schischule.com , info@alpin-schischule.com ,
private school, info & registration at Tel.: +43 (0) 5226 30270
- **Neustift Ski Instructors:** www.stubai-alpin.com , Dorf 5, info@stubai-alpin.com , ski &
snowboard courses, freeride, ski touring, ice climbing, snowshoeing, info and registration
at Tel.: +43 (0) 5226 3461
- **The Freeride Center Stubai:** www.patrickribis.com, Tel.: +43 0650 5608797,
ribispatrick@gmail.com
- **Austrian Alpine Association (Alpenverein) – Section Stubai** registration at the
Alpinzentrum in Neustift
- **Bowling in the Leisure Centre Neustift** daily from 16:00 until 22:00, tel.: +43 (0) 5226 272212
- **Billiards in the Dorfpub**, open TUE, WED, THU, SUN 17:00 until 01:00, FRI and SAT 16:00 until
01:00, MON closing day
- **Air rifle shooting for guests and locals at the Neustift shooting club:** at the Neustift leisure
center, on request for groups of 5 or more, registration and information Tel.: +43 (0)
66473913302 or +43 (0) 664 3914192, e-mail: sk.neustift@gmail.com

Health & Beauty...

- **Institute of Wellness & Therapy, Wolfgang Kobinger**, Moos 16, tel.: +43 (0) 699 17030085
- **Mobile med. foot care** Andrea Müller, tel.: +43 (0) 5226 2148 or at
tel.: +43 (0) 664 73709286
- **Health & Beauty Lounge:** cosmetics, pedicure, massage and much more
Appointments by arrangement; tel.: 0660 5238383,
www.healthandbeautylounge.at
- **Therapy Centre Stubai** – physiotherapy, osteopathy, ergotherapy, massage, taping and
much more; Kampl/Quellenweg 11b, tel. +43 (0) 664 2346492, [office@therapiezentrum-](mailto:office@therapiezentrum-stubai.at)
[stubai.at](http://www.therapiezentrum-stubai.at), www.therapiezentrum-stubai.at
- **Energetic treatments** – Harald Gleirscher energetic and natural healing, impulse for self-
help for body, mind and soul; Quellenweg 21, tel. +43 (0) 650 2236902,
harald.gleirscher@aon.at
- **Dream Nails by Andrea Pfurtscheller**, Knappenweg 6, 6167 Neustift im Stubaital,
tel.: +43 (0) 676 9370187

Food & Beverage...

- **Restaurant Hubertusstube**, Scheibe 44, haute cuisine, 4-Toques-Restaurant, open on
Wednesday till Sunday, reservation obligatory, tel.: +43 (0) 5226 2666
- **Tschangelair Alm**, daily opened from 11:00 until 18:00, fresh products from the own farm
– milk, cheese, butter and eggs, tel.: +0043 5226 3767, in case of bad weather closing
days can appear, <https://www.hoferwirt.at/tschangelair-alm-stubaital/uebersicht/>
- **Doadleralm**, daily opened from 10:00 until 18:00, Saturday "Striezeltag",

Tel.: +43 (0) 5226 2033, www.doadler-alm.tirol (15/10 closed)

- **Bauerngasthaus Draxl's Stuben**, Franz-Senn-Straße 170, daily open from 12:00 until 20:30 Tuesday & Wednesday closed, tel.: +43 (0) 5226 2417, <https://www.draxls-stuben.at/>
- **Pizzeria Salute**, Neder, daily open from 16:00 until 21:30, kitchen open from 17:00 until 21:00, closed on MON, gluten free meals available, tel.: +43 (0) 5226 2318, www.salute-pizzeria.at
- **Kampler Seestube** Stubaitalstraße 22, open from 10:00 until 20:00, closed on MON, tel.: +43 (0) 676 3648854, <https://kampler-seestube.at/> (closed: 21.10.- 18.11.2024)
- **Restaurant Tyrol Café** - Dorf, Schulweg 37, MON to SUN, open from 15:00 until 22:00, closed on TUE, Traditional and Italian cuisine, also take away, table reservation at tel.: +43 (0) 5226 2253
- **Hotel Cafe Restaurant Brunnenhof/ Johnny`s Restaurant**, Stackler 49, MON to SAT open from 14:00 until 20:45, SUN and HOLIDAYS from 11:30 until 14:00 and 17:00 until 20:45, closed on TUE, tel.: +43 (0) 5226 30262, <https://www.hotel-brunnenhof.at/> (closed: 07.10.- 24.10.2024)
- **Holz knecht Bräu**, Franz-Senn-Straße 92, TUE-SA from 16:00 – 22:00 Uhr, closed on MO & SUN, tel.: +43 (0) 5226 3290, <http://www.stubaitalerholzknicht.at>
- **Restaurant Mamma Mia** at the Hotel Viktoria WED til SAT open from 17:30 until 0:00, closed on SUN, MON & TUE, reservation at tel.: +43 (0) 676 846978300 or das.mamma.mia@gmail.com
- **Alpengasthof Schallerhof** Schaller 24, open from 16:00 until 21:00, closed on THU, Traditional dishes, venison specialities from own breed and much more; Fondue on advance order; **Every Tuesday – “Dinner without cutlery”– rustic eating**; reservation tel.: +43 (0) 5226 2205 info@schallerhof.at / www.schallerhof.at (closed until 10.10.2024)
- **Jausenstation Hofer Unterkartnallhof** Kartnall 1, Menu of farmhouse meals on reservation, open daily from 11:00 until 17:00, closed on WED, tel.: +43 (0) 5226 3429
- **Jausenstation Oberkartnall** Kartnall 2, open daily from 10:00 until 16:00, closed on TUE, tel.: +43 (0) 5226 3488, <https://jausenstationoberkartnall.jimdofree.com/>
- **Pizzeria Platzl – Cafe Anny** Dorf 9, daily open from 09:00 until 00:00, great sun terrace, tel.: +43 (0) 5226 36133, <https://www.stubai-gastgeber.at/> (closed: 29.09.- 10.10.2024)
- **Restaurant Dorfwirt** Dorf 16, MON, TUE from 16:00 until 22:30, THU till SUN open from 12:00 until 22:30, tel.: +43 664 4326664, www.neustift-dorfwirt.at
- **Pizzeria Bellafonte** Dorf 16, open daily from 17:00 until 22:30, closed on TUE, pizza baked in a wood-burning oven, tel.: +43 (0) 5226 30088, <https://bellafontepizzeria.metro.rest/?lang=de>
- **Herr Klaus – Das Restaurant**; Dorf 15, daily open from 17:00 until 23:00, fresh burgers, steaks and much more; also for take-away; closed on MON, tel.: +43 (0) 660 2171809; www.herrklaus.at, restaurant@herrklaus.at
- **Bottega No. 13** Dorf 13, open daily from 15:30 until 22:00, closed on TUE, tel.: +43 (0) 676 7759152, www.bottega13.com
- **Dolce Lea** Dorf 28, open daily from 12:00 until 18:30, closed on MON tel.: +43 (0) 676 9434790, ice cream, waffles, crepes and coffee (opens in mid-September)
- **Dorf. Cafe** Dorf 34, open daily from 08:00 till 17:00, closed on TUE, tel.: +43 (0) 5226 30491, <https://www.dorf-cafe.at/>, dorfapart@gmail.com (closed: 29.09.- 25.10.2024)
- **Dorfpub** Dorf 15, TUE-THU open from 17:00 until 00:00, FR-SA from 17:00 until 02:00, <https://dorfpub.at/> office@dorfpub.at (closed till end of September)
- **Après Ski Farm Bar**, Franz-Senn-Str. 92, open from Tue-Sat from 20:00 until 02:00, live music every Friday, tel.: +43 (0) 664 4315263
- **Dorfalm – Bar**, Dorf 16, MO, TUE & SUN closed; WED & THU open from 18:00 until 01:00, FRI-SAT 19:00 until 03:00, tel.: +43 (0) 664 2120014, cornelia.joerg@gmx.at / <https://dorfalm-neustift.eatbu.com/?lang=de>,
- **Bierfassl** Dorf 22, TUE -SAT open from 19:00 until 01:30, closed on MON, tel.: +43 (0) 664 1773450, bierfassl-neustift@gmx.at (closed: 13.10.- 23.10.2024)

- **Fermani – Pizzeria** Scheibe 40, MO & TUE closed, WED- SUN open from 16:30 until 22:30, , tel.: +43 (0) 5226 30500 <http://www.fermani.at/Pizza/index.html>
- **Rossini – Bar/Disco** Scheibe 40, open daily from 21:00 until 06:00, tel.: +43 (0) 5226 30500, <http://www.fermani.at/Bar/index.html>
- **Restaurant Camping Edelweiss** Volderau 29, open daily from 09:00 until 11:30 and 16:00 until 17:30 warm kitchen from 18:00 until 20:00, closed on WED, Tyrolean delicacies, forest seasonal venison dish and steaks, tel.: +43 (0) 5226 3484, <https://camping-edelweiss.at/> ,
- **Geieralm** Volderau 6, open daily from 16:00 until 21.00; closed on Wednesday, tel.: +43 (0) 650 6960329, <http://www.geieralm.at/> (closed: 14.10.- 26.10.2024)
- **Volderau Hof** Volderau 7, WED to SUN open from 12:00 until 21:00, closed on MON & TUE, Tyrolean cuisine, tel.: +43 (0) 5226 2617 (closed from 23.9.2024)
- **Gasthof Sportalm** Krößbach 30, traditional cooking and homemade cakes, nice sundaes, large playground right at the bus stop - everything to take away, tel.: +43 (0) 5226 2527, <https://www.gasthof-sportalm.at>, Tuesday closed, open MON- SAT from 15:00- 22:00, warm kitchen from 17:00 until 20:00, SO open from 09:00 until 22:00, warm kitchen 12:00 until 14:00 and 17:00 until 20:00 (closed: 06.10.- 22.10.2024)
- **Hotel Restaurant Waldcafe** Falbeson 1, open daily from 15:00 until 21:00; closed on TUE, tel.: + 43 (0) 5226 3144, <http://www.hotel-waldcafe.at>
- **Big Mike's Burger** Stubaitalstraße 12a, open TUE-SAT open from 11:30 until 13:30 and 17:00 until 21:00, closed on MON and SUN, www.bigmikesburger.com, tel.: +43 (0) 664 9247997
- **Bauer's EssPoint** Dorf 36, open daily from 11:00 until 22:00, closed on MON <https://bauers-esspoint.gleichbeidir.at/>, tel.: +43 (0) 664 5794036
- **Fast Food & Co** Dorf 14, 6167 Neustift im Stubaital, open TUE until SUN from 17:00 until 00:00, closed on MON; tel.: +43 (0) 676 6560612

Other...

- **Seduck-shuttle**, daily at 9:30 and 15:30 from Neustift to Seduck, Return drive at 10:00 and 16:00. Further transports on request, tel. +43 (0) 5226 3333 or Tel. +43 5226 2626
- **Johann Gumpold**, Dorfstr. 38, Tel. +43(0)664 4039731, quality wines, brandies, spirits, rum and whisky, vinegar, oils, jams, Stubai honey, natural soaps, creams, decorative items, toys and souvenirs
- **Plangger Delikatessen**, Dorf 4, game products, Tyrolean grey cattle products, truffles, foie gras, mustard sauces, vinegars, oils, schnapps, handmade chocolates, cheese selection, wines, gourmet lounge and alpine tapas
- **Handl Tyrol Speck Stube Neustift**; Dorf 5, Tel. +43(0)52263226, shop for meat and sausage delicacies
- **FOTO RUTH – The photo studio in the Stubai Valley**, Feldgasse 2, Kampl, open from MON till THU from 09:00 until 12:00, tel.: +43 (0) 650 242 55 30, info@fotoruth.at, www.fotoruth.at
- **Carriage ride with horses** for 2 to 6 people, only with reservation, Fritz Ranalter, information at tel.: +43 (0) 664 4042431
- **Stubaiier Zirbenwerkstattl** - Tyrolean handicrafts made of wood, Christian Neunhäuserer, Lehner 14, tel.: +43 (0) 664 5653237, office@stubaitaler.at , www.stubaitaler.at , only by telephone appointment
- **Alpine Ambiente**, high-quality accessories, stylish souvenirs, modern decorative items, regional assortment. Mon - Sat 10:00 - 12:00 and 15:00 - 18:00 Schulweg 36, Tel.: +43 (0) 677 62 64 75 22, www.alpenambiente.at
- **Kreativ Hofladen Pfurtschell**, direct sale of handicraft products (decorative items, etc.), open daily from 08:00 until 20:00, Pfurtschell 1, tel.: +43 (0) 699 11152208, info@pfurtschell.com
- **Weavery Stern**, Außerrain 114, open daily from MON-FRI 08:00 until 18:00, SAT open on demand, please register by phone, tel.: +43 (0) 5226 2274 info@tiroler-webkunst.at
- **Yard sale – Jedeler's Hofladen**, open daily 08:00 until 18:00, or after agreement, Family Ranalter, Stubaitalstraße 14, tel.: +43 (0) 664 1590880 , jedlerhof@aon.at

- **Bauernladele (delicatessen shop & spicery)** at the Griesshof; daily open from 08:00 until 18:00; Milders - Brückenweg 15, 6167 Neustift, tel.: +43 (0) 650 5646568;
- **„Exclusive herbal lessons“** at Kräuterweise, info & registration at least 2 days in advance [at kraeuterweise@a1.netsonja@kraeuterweise.at](mailto:at.kraeuterweise@a1.netsonja@kraeuterweise.at)
- **Dog sitter Stubaital**, dog service, walking, Robert Pirolt, Fichtenweg 20, 6167 Neustift, tel.: +43 (0) 676 5081504, office@hundesittertirol.at, www.hundesittertirol.at

Taxis

- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or +43 (0) 664 2877000
- **Car rental and Taxi Schöpf**, tel.: +43 (0) 664 3116484
- **Car rental with passenger transport Siggli**, tel.: +43 (0) 664 3453938
- **Taxi Stubai – Pfurtscheller & Müller**, Tel. +43 (0)664 3432666

FULPMES:

Sport & Leisure...

- **Adventure Parc Fulpmes: High ropes course** open Thursday/Friday 12:00-19:00, Saturday/Sunday 10:00 -19:00, groups on demand, Tel.: +43 (0)664/2625557
- **cinema** Fulpmes, afternoon and evening cinema shows in German, cinema programme upon notice, Michael-Pfurtscheller-Weg 8
- **Crib museum**, open THU-SAT from 10:00 until 12:00 and 14:00 until 17:30, SUN from 14:00 until 17:30; Guided tours for schools and groups by appointment, tel.: +43 (0) 677 64454352
- **Nostalgic rides with the old Stubai Tram**, only for groups with reservations under tel.: +43 (0) 5125307302
- **Intersport Pittl, Bike rental, mountaineering equipment, sports-fashion** Tschaffinis/Talstation: Monday-Friday 09:00-12:00/14:00-17:00, SAT 09:00-12:00, tel.: +43 (0) 522562428
- **HP-Sport, Bike rental, mountaineering equipment, sports-fashion** www.hp-sports., Tschaffinis 22, until 12.10. MON-SAT open from 09:00 – 12:00 & 14:00-17:00, SUN 09:12:00 & 16:00-17:00, from 13.10. MON-SAT open from 09:00-12:00 or by telephone agreement Tel.: +43 (0) 6644765650

Health & Beauty...

- **Body & Balance Wellness studio**, Bahnstr. 15, appointments at tel.: +43 (0) 699 17368752
- **Day Spa at the Alpine Resort Stubaier Hof**, sauna, steam bath, steam brine bath, swimming pools and outdoor whirlpool, tel.: +43 (0) 5225 62266
- **Cosmetics Kristine**, Medrazer Str. 11, appointments at tel.: +43 (0) 5225 63155 or at tel.: +43 (0) 650 4710570 and e.partl.kosmetik@gmail.com (Elisabeth Partl)
- **Optik-Augen-Blick**, ophthalmic optics, Michael-Pfurtscheller Weg 3, tel.: +43 (0) 5225 62875

Food & Beverage...

- **Gasthof Jenewein**, WED-SAT warm kitchen from 18:00 until 20:45 and SUN from 11:30 until 14:00 and from 18:00 until 20:45, MON & TUE closing day; tel.: +43 (0) 5225 62291- reservation required
- **Poststube** TUE-SAT open from 18:00 until 20:30, Lunch only by reservation, SUN+MON closing day, reservation at tel.: +43 (0) 5225 62266
- **Ristorante Pavillon**, daily open from 17:00-21:30, Tel.: +43 (0) 6707017170
- **Restaurant Dorfkrug**, Wednesday to Sunday open from 10:00, MON/TUE closed, warm cuisine from 11:30 until 14:00 and 18:00 until 21:00, tel.: +43 (0) 5225 62488,
- **Gasthof Gröbenhof**, warm kitchen from 11:30 until 14:00 and from 17:30 until 20:00, Thursday various Fondue specialities by arrangement, tel.: +43 (0) 5225 62442, TUE & WED closing day

- **Restaurant „Zur Huisler Stube“** open from 11:00 until 14:00 and from 17:00 until 22:00; WED - THU closing days, tel.: +43 (0) 664 7912711
- **Pizzeria Dorfalm** open WED-SUN 17:00 until 22:00, MON & TUE, closing day tel.: +43 (0)5225 62837,
- **Pizzeria Casanova** daily open from 17:00 until 23:00, TUE closing day, tel.: +43 (0) 5225 64832
- **Kla4**, daily hot meals from 17:00-22:00, Tel.: +43 664 1145975, Wednesday closed
- **Restaurant Bel Ami**, open MON from 15:00-22:00, TUE-SAT 11:00-22:00, also take away, SUN closing day, tel.: +43 (0) 676 6737357
- **Tirolerhof - A la carte restaurant**, daily from 18:00-20:30, reservation Tel. +43 5225 62422
- **Helli´s food & more (Dorfmetzgerei Krösbacher)** MON-FRI from 11:30 until 13:00 and from 17:00 until 22:00, SAT from 17:00 until 22:00, SUN closing day, tel.: +43 (0) 5225 62225
- **Lawasch-Kebap**, snack & take away, Mo-Fri 11:00-22:00, Sun from 16:00-22:00, Sat day off, tel.: +43 (0) 5225 62307
- **Breakfast café Morgenbrot**, Sonnegg 22, breakfast & waffles, open WED-SUN 08:00-12:00, Monday/Tuesday closing days, tel.: +43 (0) 699 17226077, info@morgenbrot.at
- **Kraxlhütte** (at the high-ropes course) THU-SUN open from 12:00-16:30, tel.: +43 (0) 660 1888448
- **Forellenhof** – Trout sale; fresh or smoked, Kohlstattweg 11, tel.: +43 (0) 5225 62434
- **Blumrich´s Catering** - Finger Food & Co. tel.: +43 (0) 650 4212135 or www.fingerfood-co.com
- **Cafe/Bar Caramba**, open MON-SAT from 13:00, SUN from 14:00 until 20:00, Thursday closing day tel.: +43 (0) 676 7001727
- **Bar Tatort**, tel.: +43 (0) 5225 63666, daily open from 11:00, SUN closed
- **DAS CORSO**, Bar, Café, Monday-Thursday 14:00-21:00 Uhr / Friday/Saturday 10:00-22:00 Uhr, Sunday closed, Tel. +436505311327
- **Café Premm** MON/ TUE/THU/FRI open from 06:00-18:30, WED from 06:00-12:00 (Café) till 14:30 (Bakery), closed on SUN, tel.: +43 5225 62641
- **Bäckerei/ Konditorei Denifl Fulpmes**, MON- FRI from 06:30-12:00 & 14:30-18:00, SAT from 6:30-12:00, SUN from 06:30-10:00, tel.: +43 5225 62641
- **Bäckerei Konditorei Denifl Medraz**, MON-SAT from 06:30-20:00, SUN from 10:00-20:00, tel.: +43 5225 625070
- **s'Gadile** – typical Tyrolean specialties, in self-service-shop, Waldrasterstr. 11, open from MON-SAT 7:00 until 19:00
- **Schmangerl** – delicatessen, open MON-FRI 8:30 until 12:00 & 15:00 until 18:00, SAT 8:30 until 12.00, tel.: +43 (0) 676 4400230
- **Dolce Lea ice cream shop & snack bar**, Medrazerstr. 2, Mon-Sat from 12:00-18:30 / Sun from 13:30-18:30 open, tel.: +43 (0) 650 5534195
- **Gourmet picnic** available at the Froneben Alm - book in advance until the day before, tel. +43 69911795418 or www.fronebenalm.com

Other...

- **Car rental and Taxi Schöpf**, tel.: +43 (0) 664 3116484
- **Car rental with passenger transport Siggli**, tel.: +43 (0) 664 3453938
- **Taxi Schwab**, tel.: +43 (0) 5226 2877 or tel.: +43 (0) 664 2877000
- **Taxi Stubai – Pfurtscheller & Müller**, Tel. +43 (0)664 3432666

TELFES:

Sport & Leisure...

- **StuBay Leisure Centre – in- & outdoor swimming pool**; daily open from 10:00 until 21:00, tel.: +43 (0) 5225 62666
- **StuBay Leisure Centre Sauna** open daily from 10:00 until 22:00, tel.: +43 (0) 5225 62666,

- **AIR-PARC in the StuBay Leisure Centre** – great indoor Playground for trend sports, BigAir-Ramp, trampoline, Airtracks, Parkours, Relaxing-and-Kids-Area and much more... TUE until FRI open from 14:00 until 19:00/ SAT, SUN- & holidays from 12:00 until 19:00, SUN from 10:00 until 12:00 Family-Session for kids until 8 years + accompanying adult, tel.: +43 (0) 5225 6266645,
- **Body & Soul Fitness-Center** in StuBay Leisure Centre, MON until FRI from 06:00 until 21:45, weekend & public holidays from 08:00 until 21:00, tel.: +43 (0) 5225 62283
- **Bird of prey park** in Telfes, open Tuesday-Sunday from 11:00-17:00, flight demonstration at 15:00, Tel. +43 6643415878
- **Farmhouse experience with pony riding** at the Kassnhof, daily (except SUN) from 17:00 until 17:45, only by arrangement at tel.: +43 (0) 677 64279861

Health & Beauty...

- **Healing & sports massages, therapies** with Elisabeth Auer - Li, Bahnstr. 1 (Physiotherapy Murauer), appointments by phone: +43 (0) 650 7274724 or via www.li-gesundleben.at

Food & Beverage...

- **Cafe Pub Vivai**, WED-FRI open from 16:00, SAT from 15:00, SUN 10:00 until 22:00, MON-TUE closing day; tel.: +43 (0) 650 9720523
- **Restaurant meiZeit at StuBay** leisure centre, open MON-FRI from 11:00 until 15:00, SAT/SUN closed, tel.: +43 (0) 5225 62666
- **Spar supermarket Kofler** open MON-FRI 07:00-12:00 and 15:00-18:00/SAT 07:00-12:00, +43 (0) 5225 62366
- **Mesner's Hofladen** (behind the church) bread, cheese, eggs, fruits and vegetables depending on the season! Opening hours: TUE and FRI open from 17:00 until 19:00, SAT from 9:00 until 12:00, tel.: +43 (0) 5225 62627
- **Hackl's farm shop** - open 24 hours daily, Gagersweg 20, tel.: +43 681 20137054 or tel.: +43 650 2262229

MIEDERS:

Sport & Leisure...

- **Summer toboggan run (2.8 km)** at the Serles lifts, daily in dry weather during the opening hours of the Serles lifts, tel. +43 5225 62776
- **Bowling in the Restaurant s'Kasermannl** MON-SAT open from 17:00 until 00:00, SUN & public holidays from 11:00 until 14:00 and 17:00 until 22:00, registration for bowling at tel.: +43 (0) 5225 62668
- **Segway tours** - Touring experience on 2 wheels with Segway Tirol, information and registration at tel.: +43 (0) 664 3420702 or at info@segway-tirol.info
- **Swimming outdoor pool Mieders**, Wiesel 1, in sunny weather daily open from 10:00-19:00

Food & Beverage...

- **Hotel Bergkranz**, daily from 18:00 – 20:30, tel.: +43 (0) 5225 62520
- **Kostas Greek Restaurant** (Gletscherblick), daily open, warm meals from 10:00 to 22:00, Tuesday closed, tel.: +43 (0) 5225 62860
- **EssBar** in the business park, THU-SUN from 11:00 until 22:30, warm meals throughout, terrace, playground, tel.: +43 (0) 664 99400099, Monday closed (*closed until 5th September 2024*)
- **Café/Restaurant „Die Kantine“** MON-FRI open from 08:00 until 14:00, SAT/SUN, holidays closed tel.: +43 (0) 676 7780015
- **Restaurant s'Kasermannl**, MON-SAT 17:00 until 00:00, SUN & holidays open from 11:00 until 14:00 and 17:00 until 22:00, tel.: +43 (0) 5225 62668

Other...

- **Presents'-market from the** Lebenshilfe DLV-Mieders at Gewerbepark 9, MON-THU open from 08:00 until 16:00, tel.: +43 (0) 50434 2300
- **Miederer Herzstücke - gifts**, self-service shop, open MO-FR 07:00-18:00, SA 09:00-18:00

SCHÖNBERG:

Food & Beverage...

- **Hotel Handl**, MON-FRI open from 17:30 until 20:30, SAT-SUN 11:30 until 14:00 and 17:30 until 20:30, tel.: +43 (0) 5225 62574
- **Hotel Stubai**, daily open, tel.: +43 (0) 5225 62559
- **Gleinserhof**, open Tuesday-Sunday, Monday closing day (except public holidays), tel.: +43 (0) 5225 62100
- **Restaurant Europabrücke**, daily open from 06:30 to 21:00, tel.: +43 (0) 5225 62248
- **Grocery shop and Gietl's Café**, MON-FRI open from 06:30 until 18:30, SAT from 06:30 until 12:00, tel.: +43 (0) 5225 62581
- **Bakery Ruetz**, daily open from 06:00 until 18:00
- **Stubai Hendl & Grill**, chicken snack bar, Dorfstr. 24, open from MON-SAT from 10:30 until 18:30, tel.: +43 677 64839995
- **Cake manufacture "Tortennascherei"**, cakes for special occasions on request, tel.: +43 (0) 676 9366744
- **McDonald's Schönberg**, MON – THU open from 06:30 until 01:00, FRI and SAT from 06:00 until 02:00, SUN & holidays from 06:00 until 01:00, tel.: +43 (0) 5225 62575
- **Rest stop Lanz, Europabrücke**, Tyrolean and South Tyrolean speciality shop, open daily from 07:00 - 18:00, tel.: +43 (0) 664 99642521

Health & Beauty...

- **Vital & Beauty Coach Anni Penz**, Dorfstraße 27, THU from 10:00 until 12:00 and from 16:00 until 19:00 and after arrangement by phone. tel.: +43 (0) 676 5369052